

Cuba @ Mexico 2010

01.11.09 - 31.10.2010

TRINIDAD,
OLDTWER



VINALES
VALLEY



PERFECT BEACHES



HISTORICAL
SITES

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GROUP TOURS • DANCING COURSES • CYCLING • RENTAL CARS
LANGUAGE COURSES • BEACH HOTELS • CITY HOTELS • DIVING

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GENERAL INFORMATION

VALIDITY OF THE PRICES

All prices given in this price list are valid from the November 1st 2009 until October 31st 2010. Unless not stated prices are per person.

BOOKING

You can either call us directly to make your reservation or send us your request via email or fax. No reservation will be confirmed without a deposit.

SEASONALITY

Please note seasonal surcharges for high and peak season. All seasonal surcharges are listed beside the per person rate.

OUR TEAM IN TORONTO

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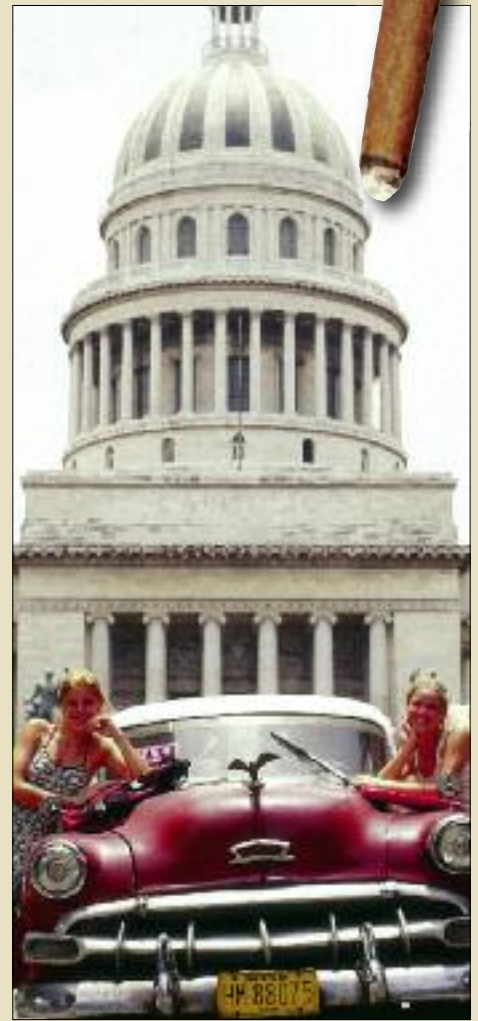
OUR TEAMS ON LOCATION IN CUBA

Our colleagues in Havana cover the office Mondays through Fridays from 8.00 to 18.00 hr. In case of Emergencies, in your travel documents you will receive an emergency phone number which is answered 24 hours.

Sprachcaffe La Habana
Calle 32 N 702 esq. Ave 7a
Miramar, La Habana
Phone: 0053 - 7 - 204 5433, 0053 - 7 - 204 3295
Fax: 0053 - 7 - 204 2435

DEPOSIT

To confirm a reservation, a deposit of 10% or \$250.00 per person is required at the time of booking. Final payment for all tour arrangements is due 45 days prior to departure.



DANCING & MUSICAL COURSES IN CUBA

SALSA, MERENGUE, BACHATA, TANGO & REGGAETON COURSES

Every day from Monday to Friday, you will swing your hips for 90 intense minutes. You will get your own Cuban dancing partner. This guarantees an individual dance experience. From the first day on, the dancing partners will adapt to your individual style and previous knowledge and skills and will guide you through to the end of the course.

Beginners who have never danced before will first experience the new rhythms through some group warming-up exercises. Here you will not only get to know other course participants, but you can also shed your insecurities. This will help you not to agonise over little mistakes but learn to feel the music. For those who are more advanced, we can guarantee that you will not get bored. When making your reservation, please inform us about your level and once in Cuba we will challenge you with new dancing stimuli and ideas!

STARTING DATES SALSA FOR PROFESSIONALS COURSES 2009/2010

NOV 09	DEC 09	JAN 10	FEB 10	MAR 10	APR 10	MAY 10	JUL 10	AUG 10	OCT 10
15	13	10	07	07	04	23	11	08	10

PRICES FOR DANCING AND INSTRUMENTAL COURSES

	Guesthouse		Comfort Apartment ***		course only
	DR/NB	SR/NB	DR/BB	SR/BB	
1 week	436 CAD	592 CAD	514 CAD	670 CAD	163 CAD
2 weeks	872 CAD	1.184 CAD	1.027 CAD	1.340 CAD	326 CAD

SURCHARGES FOR ACCOMMODATION AND TRANSFER

high season, per week	+ 78 CAD
airport transfer Havana (return)	+ 52 CAD

PERCUSSION, GUITAR AND TRUMPET COURSES

Music is an important part of Cuban lifestyle and culture. We would like to offer you a piece of this culture through our varied courses, which combine practice with theory. In our courses you will first learn about the most important instruments of Cuban music.

Your qualified teacher will give you a short introduction into the history and roots of these versatile instruments. Throughout the course you will play the bongo and the tumbadores/guitar/trumpet, with which you will learn the Cuban rhythms.

□ = low season ■ = high season

COURSES START EVERY MONDAY!!!



INFO & SERVICES

Services included:

- Dancing or instrumental course as booked
- Accommodation as booked
- Personal dancing teachers & partners or music teachers
- Certificate

Accommodation types:

Comfort Apartment:
Single or double/twin rooms with private bath room & WC, air condition, terrace or balcony and TV. Shared kitchen & living room.

On foot approx. 15 Minutes walk.
A free shuttle bus to the school and back are provided twice a day.

Board on request!

DANCING TRIPS

DANCING TRIP LA HABANA EN VIVO

Services:

- 6 overnights incl. BB at Apart Hotel Montehabana
- 1 x dinner
- multilingual speaking tour guide
- all described transfers by air-conditioned mini buses
- 5 days of dancing course (2 x 45 min. daily) with personal dancing partner
- all entry fees on the excursions

Notes:

- This trip starts every Sunday.
- The following courses are available: Salsa, Reggaeton, Tango, Bachata, Merengue and Instrumental courses.

LOW SEASON: 01-11 - 14-12-09, 01-04 - 14-07-10 & 01-09 - 14-12-09

HIGH SEASON: 01-01 - 31-03-10 & 15-07 - 31-08-10

PEAK SEASON: 14-12 - 31-12-09

PRICE PER PERSON

double room	735 CAD
+ suppl. single room	+ 221 CAD
+ suppl. high season	+ 46 CAD
+ suppl. peak season	+ 91 CAD



Itinerary

- Day 1:** Arrival at the international airport in Havana, transfer and check-in at the Apart hotel Montehabana, where you will spend the next 6 nights.
- Day 2:** Today you will get to know your dancing partner and teacher, who will guide you through the course in the following days. Everybody will have his/her own dancing partner to learn and improve as much as possible. In the afternoon, we will go on a sightseeing tour through the heart of Havana. After a first orientation tour of the city, we will visit the Rum Museum of Havana Club. You can spend the evening at your leisure.
- Day 3:** At 10 a.m. your dance course will introduce you to hot salsa rhythms. Later, at 4 o'clock, you will be invited to a musical event in Casa de la Musica, where the best live music of the city is played and where you will be able to practise the dance steps you have learnt. A transfer will take you back to your hotel.
- Day 4:** We will start our day with our dance course. In the afternoon we will go to Playas del Este, which is to the east of the city. Provided the weather is nice, you can relax on the white sandy beach and enjoy the crystal-clear waters. After soaking up the sun we shall come back to our hotel.
- Day 5:** In the morning we shall carry on with our dance course. In the afternoon you can explore the city on your own or just simply relax by the pool. In the evening you will visit a thrilling show in the hotel Nacional, where the famous Cabaret Parisien and numerous other Cuban artists will perform.
- Day 6:** Today you'll have your final dancing lesson. In the evening we will organise a small farewell party to prepare ourselves for the journey back.
- Day 7:** You spend the day at your leisure relaxing or buying souvenirs to take back home. At about 3 p.m. in the afternoon we will visit Patio de la Rumba, the centre of Conjunto Folklorico Nacional – a folkloristic dance ensemble. An interactive performance of Afro-Cuban music awaits you there, in which you are more than welcome to participate. In the evening the transfer will take you to the airport and your flight back. You can also extend your stay by taking a round trip or by going to the beach.

TOUR CAN START EVERY MONDAY

DANCING TRIP BAILA CUBA

NOV 09		DEC 09		JAN 10	FEB 10	MAR 10		APR 10	MAY 10	JUN 10	JUL 10	AUG 10		SEP 10	OCT 10	NOV 10
08	22	06	20	17	07	07	28	25	23	20	11	01	22	19	17	14

Services:

- 13 overnights incl. BB
- 2 x lunch & 5 x dinner according to the programme
- multilingual speaking tour guide
- all described transfers by air-conditioned mini buses
- 6 days of dancing course (2 x 45 min. daily) with dancing partner
- entrance fees on the excursions

Notes:

- The following courses are available: Salsa, Reggaeton, Tango, Bachata, Merengue and Instrumental courses.

PRICE PER PERSON

double room	1.391 CAD
+ suppl. single room	+ 280 CAD
+ suppl. high season	+ 98 CAD
+ suppl. peak season	+ 137 CAD

□ = low season ■ = high season ■ = peak season

!! GUARANTEED DEPARTURES !!



Itinerary

- Day 1:** Arrival and transfer from airport to Apart hotel Montehabana.
- Day 2:** After breakfast, around 10am, we give you a short introduction to Cuba's music and dances. Your Cuban dancing partner and our qualified dancing teacher will introduce you to the world of Cuba's rhythm and music. In the afternoon there is a guided tour through Havana. We will visit the beautiful old town with its historical centre. Lunch takes place in a typical Cuban restaurant. The evening is at your free disposal. Overnight in the Hotel Montehabana.
- Day 3:** This morning it's time to start the salsa course. In the afternoon we visit the Casa del Tango. There we will be introduced to several music rhythms. After the lesson, we will visit a museum in the centre of the city. In the evening we return to the hotel and the rest of the evening is at your disposal.
- Day 4:** After 2 hours dancing lesson in the morning we are going on a trip to the Playas del Este. The beaches are situated in the east of Havana- approximately 15 min away. The evening is at your free disposal.
- Day 5:** In the morning we have another dancing lesson. You can use the afternoon exploring Cuba on your own. After dinner you can visit a Cuban show with lots of artistic and musical performances of the famous Cabaret Parisien at the Hotel Nacional.
- Day 6:** In the morning you keep progressing with your dancing skills again. In the afternoon we will visit the Casa de la Musica where best live music is offered, and maybe you can show off what you have already learned in your dancing classes.
- Day 7:** The morning is at your disposal. In the afternoon you can visit the Patio de la Rumba, the centre of the Conjunto Folklorico Nacional- a folkloristic dance company. You will be treated to a special spectacle: afro-Cuban music. After that you return to the hotel and plan the evening as you wish.
- Day 8:** Today we are going to Trinidad. On the way we will have a little lunch break in Cienfuegos. In Trinidad you will have a return transfer to your hotel, e.g. Hotel Ancón.
- Day 9:** Today we will have a guided tour through the town. In the evening we shall visit the Casa de la Trova. We will enjoy its special ambience to shake our hips to this passionate music.
- Day 10 - 11:** These days are at your free disposal.
- Day 12:** Today we leave Trinidad to go back to Havana. You will stay at the Hotel Montehabana.
- Day 13:** You will have your last dancing lessons today. In the evening there will be a little farewell party.
- Day 14:** Transfer to the international airport of Havana or a hotel.



TREKKING TOURS CUBA

!! GUARANTEED DEPARTURES !!



TREKKING TOUR PASO A PASO POR CUBA

NOV 09	JAN 10	FEB 10	MAR 10	AUG 10	OCT 10
29	24	21	28	08	17

□ = low season ■ = high season ■ = peak season

PRICE PER PERSON

double room	891 CAD
+ suppl. single room	+ 85 CAD
+ suppl. high season	+ 33 CAD
+ suppl. peak season	+ 78 CAD

Please note:

- If a hotel mentioned in the itinerary is already fully booked we reserve the right to book another accommodation of equivalent standard.

Services:

- 9 overnights including full board (also as picnics on the tours)
- qualified, multilingual speaking tour guide
- all transfers by air-conditioned mini buses
- all entry fees
- transportation of the luggage



Itinerary

- Day 1:** Arrival at the International Airport José Martí in Havana. Transfer to your hotel, dinner will be served at the hotel, eg. Hotel Park View.
- Day 2:** After breakfast we head for the Sierra del Escambray. On the way we take a break in Santa Clara where we will visit the Mausoleum of Che Guevara and the "Tren blindado". Here you will have enough time for lunch. We shall arrive at our Hotel Hanabanilla some time in the afternoon. After dinner you can take a pleasant walk along the lake.
- Day 3:** For the morning we have planned a boat tour on the lake Hanabanilla all the way to the Sierra de Jibacoa. From there we will start the first hiking tour. We will stop for a picnic break near the "Salto de Roció" waterfalls. In the afternoon we shall arrive at Hacienda La Gallega where we can prepare our dinner and have a nice evening around the camp fire. We will spend the night in tents.
- Day 4:** Breakfast. Today we will set off on our next tour to the Finca Codina - a former coffee plantation. On our way we will stop for a picnic lunch. Dinner and accommodation at the Finca Codina in tents.
- Day 5:** Today's hike will take us through the southern part of the Sierra del Escambray to Topes de Collantes. En route we will take a lunch break at Salto de Caburní and also take the Vegas Grande path. Dinner and Accommodation for example at Hotel Los Helechos.
- Day 6:** After breakfast we board an old Russian lorry and go towards the landscapes of la Cuerva de Juana. Our next trek will take us to el Parque Cubano. Lunch break. We will have plenty of time to stroll through the little pathways and dip into the natural basins which are common in this area. In the evening we will have dinner and camp at la Hacienda El Cubanoo.
- Day 7:** In the morning our bus will bring us to the pier of Playa Ancón, located near Trinidad. There we can board a boat to Cayo Iguana and Cayo Macho Afuera. Pic-nic lunch served on board. We will have enough time for snorkeling, bathing or just relaxing on the beach. Dinner. We either spend the night on the deck of our boat or in tents on the island.
- Day 8:** In the morning we head back to Playa Ancón and have a city tour in Trinidad where we also stop for lunch break. Spend the rest of the afternoon on your own exploring this beautiful little town. In the evening a transfer will bring us to our next hotel eg. Finca María Dolores. Dinner at the hotel.
- Day 9:** As soon as the morning breaks, after the breakfast, we go on an excursion to Valle de los Ingenios. There we will visit the Manaca Iznaga - a ruin of an old slaves' tower where we can learn a bit about the local history. Then we walk across the sugar cane fields to a restaurant. Depending on the season you can taste the local jugo de cañas (sugar cane juice). Our bus will pick us up and bring us to Sancti Spiritus where we will have lunch and go on a short city tour. In the late afternoon we shall return to Havana. Dinner and accommodation at e.g. hotel Park View.
- Day 10:** Enjoy your last day in Havana before transfer takes you to Havana airport, or to your connecting hotel.

TREKKING TOUR CUBA PER PEDES

NOV 09	DEC 09	JAN 10	FEB 10	MAR 10	MAY 10	JUL 10	OCT 10
15	13	10	14	21	16	18	31

□ = low season ■ = high season ■ = peak season

PRICE PER PERSON

double room	1.352 CAD
+ suppl. single room	+ 195 CAD
+ suppl. high season	+ 52 CAD
+ suppl. peak season	+ 91 CAD

Please note:

- The facilities at the campings, fincas or forester camps are very basic. There is not warm water available at all times

Services:

- 14 overnights including full board (also as picnics on the tours)
- qualified, multilingual speaking tour guide & local guides
- all transfers by air-conditioned mini buses
- all entry fees
- transportation of the luggage
- internal flight Santiago de Cuba to Havana



!! GUARANTEED DEPARTURES !!

Itinerary

- Day 1:** Arrival at the airport in Havana. Transfer to your hotel in Havana. E.g. Hotel Park View.
- Day 2:** After breakfast we will go on a sightseeing tour through the historical centre that was declared a world heritage site by UNESCO. Lunch. In the afternoon we travel to Santa Clara. Overnight accommodation and dinner for example at Hotel La Granjita.
- Day 3:** Early morning breakfast and transfer to Lago Hanabanilla (50 km). 1st hiking tour from the Hotel Hanabanilla with the "La Atalaya" walk which is about 12 km long, and has medium degree of walking difficulty. During the walk you will see typical country houses of the area. The walk finishes at Lago Hanabanilla from where we will be taken by boat to Rio Negro to have lunch. After lunch and a break we will travel by boat again, this time to the other side of Lake Hanabanilla where we'll start our little walk to El Nicho. In El Nicho we can bath in the crystal clear river water and this is also where we will stay for dinner and camp.
- Day 4:** We start the 2nd hiking tour (12 km) on El Nicho to Parque Guanayara footpath which goes via Valle de Jibacoa to the Hacienda de la Gallega. We have a picnic en-route. Once we have arrived at the Hacienda de la Gallega we can start the "Centinelas del Rio Melodioso" walk and go swimming in the crystal clear waters of Poso del Venado. Dinner in the Casa de la Gallega, overnight accommodation in country houses in the area.
- Day 5:** We start the 3rd hiking tour in the Parque Guanayara and head towards Topes de Collantes (15 km long, medium degree of walking difficulty). Light lunch in the Hacienda Codina and after the lunch break we continue to Topes de Collantes. Accommodation and dinner for example at Hotel Topes de Collantes. After that you can take a look at the village yourself and chat with the local farmers.
- Day 6:** The 4th hiking tour (12 km long, medium degree of walking difficulty) takes us along the Salto del Caburní - Vegas Grande - Mi Retiro footpath. Arrival in Salto del Caburní, which has been declared a nature reserve. Here we have time to take a quick dip before we continue to Salto de Vegas Grande. Light lunch in Casa de Julio and continuation of the walk to Mi Retiro. In the afternoon bus trip to Trinidad. Accommodation and dinner in a hotel in Playa Ancón. E.g. Hotel Ancón.
- Day 7:** Today we go for a sightseeing tour of Trinidad. We'll visit the Museo Romántico de Trinidad and drink a typical cocktail in "La Canchanchara". Then we travel to Bayamo (460 km). A break for lunch in Camagüey. Accommodation and dinner. E.g. Hotel Sierra Maestra.
- Day 8:** Bus journey to Contramaestre and then on to Cruce de los Negros (42km). Here we begin our 5th hiking tour which leads us to the Hotel El Saltón (17 km long). The path goes through coffee and cocoa plantations as well as Sierra Maestra farming villages (medium degree of walking difficulty) and finishes at the waterfalls near the Hotel El Saltón where we will have lunch and still have time left to swim in the waterfalls' natural pools. Accommodation and dinner for example at the Hotel El Saltón.
- Day 9:** The 6th hiking tour begins in El Saltón. We'll cut through the Sierra Maestra from north to south, pass the Tercer Frente monument and go through the village of Yamagua. The walk is about 17 km long and has an easy degree of walking difficulty. We'll have a snack along the way and then walk along the banks of the River Guamá until we compass the south coast of the Sierra Maestra (Caribbean). Transfer to your hotel Brisas Sierra Mar or Marea del Portillo. Accommodation and dinner.
- Day 10:** After lunch we go by bus to the village of Las Cuevas (about 40 km). The walk starts here in the Parque Nacional Turquino. In this natural reserve you will find wonderful rivers, forests, mountains and valleys with rich vegetation. The 7th hiking tour is also easy and starts in the village of Guamá. It passes the southern face of the Sierra Maestra, all the way up to the forester station "La Majua" (4 km) where we will have our dinner and stay overnight.
- Day 11:** The 8th hiking tour starts at 6.30am and takes us up 10.5 km to Pico Turquino (1974 m). The land is clayey and rich with vegetation and we climb up past Alto del Cardero (1265 m) and Pico Cuba (1834 m). We'll reach the summit at about 1 pm and have a picnic break. In the afternoon we start the second part of this walk which takes us up and down the mountains (up to 1400 m) in Pico Joaquín (1360 m) we start our 1.5 km descent to the forester station "Aguada de Joaquín" where we will have dinner and stay overnight.
- Day 12:** Early morning breakfast. The 9th hiking tour is about 15 km long and uses footpaths in thick forests with native flora and fauna. We pass Alto de Lima (1160m), Alto de Palma Mocha (1250m) and Pico Rascacielos (1250m). We will have a break in the village La Plática and a picnic lunch. Before we head off to the La Plata headquarters (4 km). Today's last part of the walk ends in Villa Santo Domingo (250m). Accommodation and dinner for example at Villa Santo Domingo.
- Day 13:** Drive to Santiago de Cuba (200 km). Sightseeing tour with a lunch break in a restaurant in the city. Accommodation and dinner in Santiago de Cuba. E.g. Villa Gaviota Santiago.
- Day 14:** Transfer to airport in Santiago de Cuba and flight to Havana. A sightseeing tour and lunch. Accommodation and dinner in a hotel in Havana. E.g. Hotel Park View
- Day 15:** Goodbye Cuba! Goodbye Havana! A transfer will take you to the airport in Havana. Departure.

BICYCLE TOURS CUBA

!! GUARANTEED DEPARTURES !!

BICYCLE TOUR CUBA CROSS OVER

NOV 09		DEC 09		JAN 10	FEB 10	MAR 10		APR 10	MAY 10	JUN 10	JUL 10	AUG 10		SEP 10	OCT 10	NOV 10
08	22	06	20	17	07	07	28	25	23	20	11	01	22	19	17	14

□ = low season ■ = high season ■ = peak season

Services:

- 13 overnights including BB
- meals according to the programme
- multilingual speaking, experienced tour guide
- accompanying bus which you can get on at any time
- all transfers by air conditioned bus are not covered by bike tour
- entry fees according to the programme
- bike rental

Please note:

- If a hotel mentioned in the itinerary is already fully booked we reserve the right to book another accommodation of equivalent standard.



PRICE PER PERSON

double room	1.450 CAD
+ suppl. single room	+ 91 CAD
+ suppl. high season	+ 130 CAD
+ suppl. peak season	+ 169 CAD

Itinerary

- Day 1:** Arrival in Havana and transfer to your hotel in Habana Vieja E.g. Hotel Park View.
- Day 2:** We will visit the Malecon and many other interesting sights in the "Habana Vieja" quarter. In the afternoon we will visit a culture project in the Casa el Tango and we take the part at a little fiesta.
- Day 3:** We take a very flat route without any hills to Puente del Mariel (25 km). After lunch the trip continues towards Viñales. After 10 km we arrive in Viñales, which is situated in a picturesque Mogote valley. Dinner and overnight is pre-planned, for example at hotel Rancho San Vicente.
- Day 4:** In the morning we leave for Puerto Esperanza. During the journey we shall pass near little villages. At noon we arrive at Puerto Esperanza, which is situated directly at the sea. You can spend the afternoon on your own: either relaxing after the first stage of your trip, or discovering the town on foot. Accommodation is pre-planned, for example at the Hotel Villa Puerto Esperanza.
- Day 5:** In the morning we get back on our bikes and follow a little path which leads us through beautiful landscapes and Comunidades which formed during the revolution (10-15 km). We stop at fincas where one of the best tobacco in the world is produced. Back on the route, we stop to refuel ourselves at a selected restaurant. We spend the night for ex. at the Hotel Villa Puerto Esperanza.
- Day 6:** Today's ride takes us to Cienfuegos, where we should arrive at our hotel at noon. After lunch we explore the charming town by bike. Accommodation e.g. at Hotel Jagua.
- Day 7:** On the way to Trinidad we cycle at the foot of the mountains. The terrain is occasionally hilly but can be managed well by all cyclists, and in the end your efforts are rewarded by breath-taking views over the fantastic fields. After the day's ride, we will relax in the beauty of the buildings surrounding the Plaza Mayor in Trinidad. Accommodation is pre-planned at the Finca María Dolores or at the Hotel Las Cuevas.
- Day 8:** During a walk through Trinidad we will find out a lot of interesting stories about the city.
- Day 9:** You spend day 9. on your own. Overnight stay at the Hotel Maria Dolores or Hotel Las Cuevas.
- Day 10:** Today's destination is Santa Clara. But first our ride takes us through a bewitching mountain landscape with many woods of pines, eucalyptus and broad leaved trees. The cycling paths are a bit stony and steep but are well-manageable. We take a break in the town of Topes de Collantes (800 m above the sea level). In the afternoon the tour continues all the way to Santa Clara. Accommodation fe at Hotel Granjita.
- Day 11:** Today we are going to Varadero - on the peninsula of Hicacos. Here you can find the most dream-like and longest beaches with crystal clear waters. Accommodation is pre-planned, ex. at Villa Tortuga.
- Day 12:** Today there is no bike tour on our itinerary. You can either choose a quiet beach area to relax or you go for a walk to explore Varadero. Accommodation is pre-planned, ex. Villa Tortuga.
- Day 13:** Our next destination is Matanzas. After a break we ride along the Yumurí river and complete this day with a trip to Havana through fascinating countryside. In the evening there will be a farewell dinner in the restaurant El Mésón del la Flota. Accommodation is pre-planned, e.g. Hotel Park View.
- Day 14:** This day is at your own disposal. In the evening you will be transferred to the airport or to a connecting hotel in Havana.

BICYCLE TOUR CUBA EN BICI

NOV 09	DEC 09	JAN 10		FEB 10		MAR 10	MAY 10	JUN 10	JUL 10	AUG 10		OCT 10		NOV 10	
22	13	27	10	31	14	28	21	16	27	18	08	29	10	31	21

Services:

- 7 overnight stays incl. breakfast
- all meals mentioned in the programme
- all transfers incl. bike transport
- multilingual tour guide
- all entrance fees
- bike rental

!! GUARANTEED DEPARTURES !!

Please note:

- If a hotel mentioned in the itinerary is already fully booked we reserve the right to book another of equivalent standard.



□ = low season ■ = high season ■ = peak season

PRICE PER PERSON

double room	884 CAD
+ suppl. single room	+ 143 CAD
+ suppl. high season	+ 65 CAD
+ suppl. peak season	+ 111 CAD



Itinerary

- Day 1:** Transfer from José Martí Havana International Airport to your hotel, e.g. Hotel Park View.
- Day 2:** After breakfast we'll take you to Pinar del Río, the famous tobacco region in western Cuba. Once there, we will visit a tobacco factory and go on a tour around the town. We will also visit a distillery where the Guyabita is produced, a site which is certainly worth seeing! Afterwards we will continue our way to Hotel Dos Hermanas, where a delicious lunch meal will be awaiting us. After lunch and a short rest we will get on our bikes for the day's bike tour. The afternoon's ride will take us to Viñales Valley, where the legendary tobacco is grown. Viñales Valley is a place of exceptional beauty, dotted with odd shaped Mogotes (limestone mountains) and numerous caves. In the evening we will return to our Hotel Dos Hermanas or similar, where we will have dinner and stay overnight.

- Day 3:** Our journey today is to Cayo Jutías. After breakfast we will set off on a 55 km ride. The picturesque beach of Cayo Jutías is situated on a little island which is connected to the mainland by a man-made road-way. Once there, we can have lunch on the beach, hire a boat or have a swim in the beautiful sea and then after that, either take the bus or cycle back to Viñales to our next hotel for example Rancho San Vicente, where we'll be having dinner and spending the night.
- Day 4:** On today's ride we'll take the Jagua Vieja Road to Palma at Ancón Valley - a 30 km tour of quaint landscapes and untouched valleys. En route there is the possibility of visiting the country lodge where Fidel Castro held secret reunions during the Cuban Revolution. We will have a picnic lunch in the lush valley and then be on the way to our next destination e.g. Hotel Aguas Claras, nestling in idyllic surroundings, perfect for a short hike or walk. This is where we will have dinner and spend the night.
- Day 5:** After breakfast we will be taken to Cueva de los Portales. This beautiful area was the hide out that Che Guevara used during the '62 standoff with Kennedy, and this place is chosen for our picnic site, after which we will visit the caves. After this, we will start the day's bike ride to Soroa over the Carretera Central. The route will take us 45 km to the north east, past traditional little villages. In Soroa, we recommend paying for the visit of the famous orchid gardens. Dinnertime will wait for us e.g. at the hotel Villa Soroa, where we will also spend the night.
- Day 6:** This morning, following breakfast, we leave for Las Terrazas. Today's trip is only 20 km long. The community that we will visit can be found in Sierra del Rosario, a UNESCO protected rural area of sustainable development. The river San Juan and its little waterfall flow through the thick forest, where one can see little lakes, ruins and coffee plantations from the 19th century. Most farmers in Sierra live in communities which were formed in the course of a government program in 1968. The most famous is Las Terrazas. En route we will have a little picnic lunch. Dinner will be served at a farmhouse. Accommodation for example at Hotel El Moka.
- Day 7:** In the morning we return to Havana. Our guide will take us for a city sightseeing tour during which you can get your last few memorable impressions of the old city of Havana and the Spanish-Andalusian architecture, framed by the tropical sun and lush vegetation, which is characteristic of Habana Vieja. Dinner and overnight stay at a hotel in Habana Vieja e.g. Hotel Park View.
- Day 8:** Today is the day of departure. After breakfast you have the opportunity to explore Havana on your own before the transfer takes you to the airport or your next accommodation in Havana.

GUIDED GROUP TOURS CUBA



TOUR CUBA FOR FAMILY

DEC 09	MAR 10	JUL 10	AUG 10
20	28	11	15

□ = low season ■ = high season ■ = peak season

Services:

- 14 overnights in BB & all meals as described
- all transfers in airconditioned bus
- local qualified English speaking tourleader
- all excursions and entrance fees as described

Please note:

- If a hotel mentioned in the itinerary is already fully booked we reserve the right to book another accommodation of equivalent standard.
- The children's rate only valid for children (6-11 years) who stay in the room of their parents. Max. 2 children allowed in parents' room. Triple rooms for children on request.

PRICE PER PERSON	adult	child 6-11,99 years sharing room with parents
double room	949 CAD	740 CAD
+ suppl. single room	+ 143 CAD	- CAD
+ suppl. high season	+ 65 CAD	+ 65 CAD
+ suppl. peak season	+ 111 CAD	+ 111 CAD



Itinerary

- Day 1:** Arrival in Havana. Transfer to Montehabana & overnight at the hotel.
- Day 2:** In the morning your guide will pick you up from your hotel and introduce Old Havana to you. After lunch served in a restaurant inside the city centre, we will have some time to stroll around the city or rest back at the hotel. In the afternoon, the visitors can choose between the introductory Spanish Course or Salsa Classes (approx. 90 min long). Accommodation in Montehabana.
- Day 3:** Today we will have the opportunity to be a bit creative! We can either take some percussion lessons or take a pottery course in the morning. After lunch, we shall relax on the beach at playas del Este. In the evening we will attend the gun-shooting ceremony. Accommodation in Montehabana.
- Day 4:** After breakfast we will begin our journey towards the western part of Cuba. We will travel to Las Terrazas the first UNESCO sanctioned natural reserve in Cuba. We will take a walk through the community, stop for lunch, and in the afternoon we can either enjoy a swim in the river San Juan or rent a kayak or boat (rental fees not included in price). Overnight in the Hotel El Moka.
- Day 5:** After breakfast we will continue our tour to Viñales. We will stop by the Cueva del Indio where we plan to take a short boat trip inside the cave. After lunch we will continue our journey on horse for another 1-2 hours. The children can alternatively take a walking tour "Wonders of Viñales Valley". In the late afternoon we shall arrive to our hotel Rancho San Vicente where we can relax in the hotel's pool.
- Day 6:** In the morning we will visit a wonderful private botanical garden in the center of Viñales. The afternoon is free for having fun at the pool or optional activities. Accommodation in Rancho San Vicente.
- Day 7:** Today we travel to Guama where we stop by a crocodile farm. After lunch we join a boat trip on the Laguna del Tesoro. In the late afternoon we arrive at our hotel at Playa Giron/Playa Larga. Dinner.
- Day 8:** We will spend the whole morning snorkelling at the Caleta Buena. After a picnic lunch our guide will explore the nature with us. We will visit a wildlife refuge (Laguna de Salinas or Corral de Santo Tomas). Dinner in the hotel.
- Day 9:** We will continue the tour via Cienfuegos where we take a short city tour and a lunch break in Trinidad. In Trinidad we will be accommodated at the Finca Maria Dolores, where the dinner will be served.
- Day 10:** In the morning we take a City tour around Trinidad and after lunch visit the Valle de Ingenios, where we can observe the ruins of small 19th century sugar mills. We will also climb up the Mirador de La Loma del Puerto which is 192 m high. Dinner and overnight Finca Maria Dolores.
- Day 11:** We spend the day at the Playa Ancon beach. Dinner and overnight at Finca Maria Dolores.
- Day 12:** Today we go to discover the Sierra de Escambray. We will take a walking tour through the forest while our guide will inform us better about the plants and animals that can be found along the way. Picnic lunch. We spend the night at Los Helechos.
- Day 13:** Today we go to the Casa del Gallega where lunch will be served. We continue our tour to Santa Clara where we stay in the Hotel La Granjita. The dinner will be served at the hotel.
- Day 14:** We drive back to Havana. Overnight and dinner in Hotel Montehabana.
- Day 15:** Transfer to the airport.

!! GUARANTEED DEPARTURES !!

BIRDWATCHING CUBA

NOV 09	DEC 09	JAN 10	FEB 10	MAR 10
15	13	17	14	14

□ = low season ■ = high season ■ = peak season

Services:

- 9 overnights incl. full board (sometimes served as picnics)
- meals as described in the programme
- multilingual speaking tour guide
- local tour guides
- all included transfers by air-conditioned mini bus
- entrance fees for the national parks

Please note:

- If a hotel mentioned in the itinerary is already fully booked we reserve the right to book another accommodation of equivalent standard.

PRICE PER PERSON	
double room	1.352 CAD
+ suppl. single room	+ 176 CAD
+ suppl. high season	+ 85 CAD
+ suppl. peak season	+ 130 CAD



Itinerary

- Day 1:** Arrival at the José Martí airport in Havana. Transfer to your hotel in Habana Vieja, e.g. Hotel Telégrafo.
- Day 2:** In the early hours of the morning we will have breakfast and then start our visit to the La Güira National Park. Located in the Sierra de los Órganos this park stretches over 21,850 hectares and offers picturesque valleys and mysterious caves. The former country estate of Don Manuel Cortina who was one of the first people of the revolution, forced to leave Cuba, is now a big park with the ruins of a medieval residential building and an English garden. Here we will begin our observations and hopefully we will see the Olive Capped Warbler and the Cuban Solitaire. Maybe we will even discover a Cuban Trogon, the country's national bird. About noon we check in to the Hotel San Diego de Los Baños which is about 5 km east from the Güira park. Lunch is served at the hotel. Then in the afternoon we return to the park again to enjoy the magnificent environment of this bird paradise. Dinner will be served at our hotel.
- Day 3:** After breakfast we start with some more of birdwatching. We will have lunch at the Hotel Mirador San Diego. In the afternoon we will continue our tour with a trip to Soroa. Accommodation is planned for the Villa Soroa where we will be served a delicious dinner.
- Day 4:** After breakfast we are going to travel to Las Terrazas where we can observe the diversity of birds' species in this area, belonging to the Sierra Rosario. In Las Terrazas we stop for our lunch, and before we return to Soroa, you will have the chance to discover more of the birds' species here. Once we arrive back at Hotel Villa Soroa, dinner will be served.
- Day 5:** After breakfast our journey takes us to the Peninsula Zapata. It was originally named after its owner to whom the island was promised by the Spanish Crown in 1636. The peninsula is only sparsely populated and consists mainly of mangrove swamps. The Parque Nacional de Ciénaga de Zapata is one of the most extensive and nicest wild reserves in the Caribbean. About 150 different birds' species live in the park, amongst which are Cuban Green Parrot, Cuban Parakeet, Cuban Pygmy Owl, Zapata Crane, Bee Hummingbird, Spotted Rail, Yellow-breasted crane, Stygian Owl, Blue-headed Quail Dove, Key West Quail Dove, Grey-headed Quail Dove, Greater Antillean Nighthawk, Red Shouldered Blackbird, Fernandina's Flicker, Gundlach's Hawk, Cuban Crow, Masked Duck and Snail Kite. We will have lunch in the Restaurant Boca de Guamá and our accommodation is booked for Hotel Villa Guamá or Villa Playa Larga. After we have got to know the area a little bit and observed the birds and plants, we will return to the hotel and have dinner.
- Day 6 to 8:** We have two spectacular excursions to look forward to - one of which is a day trip. In areas, such as Arroyone, Las Salinas, Las Bermejas and Santo Thomas we can see an extraordinary variety of birds, for example: Cuban Parrot, Cuban Parakeet, Bare-legged Owl, Clapper Rail, Spotted Rail, Blue-headed Quail Duck, Antillean Nighthawk and many more. We will stay on a full-board basis at the Hotel Villa Guamá or Villa Playa Larga.
- Day 9:** After breakfast we can admire the birds paradise in the Parque Nacional de Ciénaga de Zapata for the last time because after lunch we leave the hotel and travel back to Havana. Here we will have our dinner and overnight accommodation at the old town e.g. at Hotel Telégrafo.
- Day 10:** Before we say goodbye to Cuba you have the chance to discover the exciting city of Havana, with its wonderful Colonial buildings and unforgettable Cuban flair, as you plan it. Afterwards, there is a transfer to the airport or you continue your journey.

!! GUARANTEED DEPARTURES !!

GUIDED GROUP TOURS CUBA

TOUR CUBA TOTAL

NOV 09		DEC 09		JAN 10	FEB 10	MAR 10		APR 10	MAY 10	JUN 10	JUL 10	AUG 10		SEP 10	OCT 10	NOV 10
08	22	06	20	17	07	07	28	25	23	20	11	01	22	19	17	14

= low season = high season = peak season

Services:

- 13 overnights incl. BB
- 4 x lunch & 2 x dinner
- qualified, multilingual tour guide
- transfers by air-conditioned mini buses
- entries on the excursions
- internal flight from Santiago or Holguín to Havana

Please note:

- If a hotel mentioned in the itinerary is already fully booked we reserve the right to book another accommodation of equivalent standard.



PRICE PER PERSON	
double room	1.729 CAD
+ suppl. single room	+ 215 CAD
+ suppl. high season	+ 59 CAD
+ suppl. peak season	+ 104 CAD



Itinerary

- Day 1:** Arrival at the airport in Havana. Transfer to your hotel in Habana Vieja e.g. Hotel Park View.
- Day 2:** Sightseeing old Havana's takes you through the historical centre of the city. After an initial introduction you visit the Rum Museum at Havana Club. Lunch. Overnight accommodation is e.g. Hotel Park View.
- Day 3:** After breakfast we leave for the province of Pinar del Río heading Viñales. There you can admire the impressive sights of the town, the surrounding tobacco plantations and the strange peaks (mogotes) typical for this region. In the late afternoon we will arrive at our hotel, e.g. Rancho San Vicente.
- Day 4:** Today we travel to a small fishing village, Puerto Esperanza that is far away from any touristic route. Enjoy the silence during a walk through the village. You will visit a community that arose from the revolution. You will have lunch at the religious centre of the village. Overnight is at Rancho San Vicente or similar.
- Day 5:** In the morning we leave for Cienfuegos. After a tour through the town lunch in the Palacio de Valle. In the evening we will arrive in Trinidad where we dine and stay at the Hotel Las Cuevas or similar.
- Day 6:** City tour in the morning; the afternoon is free for you to discover the town on your own. Dinner and accommodation is at the Hotel Las Cuevas or similar.
- Day 7:** We go on to Camagüey. The evening is at free disposal. Accommodation is e.g. at the Gran Hotel.
- Day 8:** Continuation of our tour to Holguín. After a combined tour through the city spend the afternoon individually. Accommodation is e.g. at the Villa el Bosque.
- Day 9:** The day is for you to plan. Accommodation is e.g. at the Villa el Bosque.
- Day 10:** We start to Santiago de Cuba. After a city tour you will stay e.g. at Hotel Villa Gaviota Santiago.
- Day 11:** Today is on your disposal. Accommodation e.g. at the Hotel Villa Gaviota Santiago.
- Day 12:** In the afternoon flight back to Havana. Transfer to your hotel e.g. Hotel Park View.
- Day 13:** Spend the day exploring Havana on your own. Farewell party in the evening. Departure and accommodation at a hotel in Habana Vieja e.g. Hotel Park View.
- Day 14:** It is time to say goodbye. A transfer will take you to the airport in Havana.

TOUR FASCINATING WEST CUBA

NOV 09	DEC 09	JAN 10	FEB 10	APR 10	MAY 10	JUL 10	AUG 10	OCT 10	NOV 10
15	27	24	21	04	23	11	15	17	28

= low season = high season = peak season

Services:

- 6 overnights incl. breakfast board
- qualified, multilingual tour guide
- transfers by air-conditioned mini buses
- 5 lunches & 2 dinner
- all excursions as mentioned in the program
- entrance fees

Please note:

- If a hotel mentioned in the itinerary is already fully booked we reserve the right to book another accommodation of equivalent standard.

PRICE PER PERSON	
double room	878 CAD
+ suppl. single room	+ 91 CAD
+ suppl. high season	+ 46 CAD
+ suppl. peak season	+ 85 CAD



Itinerary

- Day 1:** Arrival at José Martí airport Havana. Transfer to our hotel e.g. Hotel Park View.
- Day 2:** Sightseeing in Old Havana – the historical centre of the city where you can see beautiful squares, museums and streets. After an initial orientation in the city you can visit the Rum Museum of Havana Club and take a lovely stroll to Plaza Vieja we have lunch at one of the characteristic restaurants in the city.
- Day 3:** After check-out you will be taken to the Pinar del Río region where you visit a Western Cuban city of the same name, which is famous for the best tobacco in the world. During your guided tour through a tobacco factory you will witness the cigar making process. After that you will go on to Viñales. You will be offered lunch in a local restaurant. In the afternoon you move on to Rancho San Vicente.
- Day 4:** For this day an excursion to the beaches of Cayo Jufias is planned. Lunch is served at the beach.
- Day 5:** After breakfast you will set off to Las Terrazas where you will be taken on a sightseeing tour through the community Sierra del Rosario. Then you will be served lunch in a restaurant. In the afternoon you can relax by the crystal clear water of Rio San Juan. You will be staying e.g. at the Villa Sorola.
- Day 6:** Excursion to Rio Canimar. Lunch will be served. The journey back will take you to the jetty where the transfer to the hotel will await you. Overnight in Varadero e.g. at Villa Tortuga.
- Day 7:** You can relax on Varadero's beaches before we leave for the airport or your hotel in Havana.

CUBA'S HEAVENLY CENTRE

NOV 09	DEC 09	JAN 10	FEB 10	MAR 10	MAY 10	JUL 10	AUG 10	OCT 10	NOV 10
22	20	17	14	28	16	04	08	10	21

= low season = high season = peak season

Services:

- 6 nights incl. breakfast board
- qualified, multilingual tour guide
- transfers by air-conditioned mini buses
- 2 x lunches & 1 x dinner
- all excursions as described
- entrance fees



PRICE PER PERSON	
double room	845 CAD
+ suppl. single room	+ 91 CAD
+ suppl. high season	+ 39 CAD
+ suppl. peak season	+ 85 CAD

Please note:

- If a hotel mentioned in the itinerary is already fully booked we reserve the right to book another accommodation of equivalent standard.



Itinerary

- Day 1:** Arrival at Havana airport. Transfer to your hotel e.g. Hotel Park View.
- Day 2:** The day starts with sightseeing in Havana. The excursion will take you through the historical centre of the city which has been recognised by UNESCO as part of the world's cultural heritage. For a real feast of the senses visit the famous restaurants La Bodeguita del Medio or La Floridita, where Hemingway used to sip on his Mojito or Daiquiri. After a visit to the Rum Museum of Havana Club you will be served lunch in a traditional restaurant. Accommodation e.g. at Hotel Park View
- Day 3:** After breakfast you will set off towards Cienfuegos. On the way you will visit Guamá. From there we take a cruise to Laguna del Tesoro (Treasure Lake). You will also visit a reconstructed village in the Taino-Indians' style and a crocodile farm. Afterwards you can explore the city of Cienfuegos. Then you will go back to Villa Guajimico, where your accommodation is located.
- Day 4:** After checking out you will go to the Sierra del Escambray. Before moving on to Trinidad, lunch will be served in a local restaurant. In Trinidad you will stay at Finca María Dolores or Hotel Las Cuevas.
- Day 5:** Today you have the chance to explore Trinidad on your own. Overnight at Finca María Dolores or Hotel Las Cuevas.
- Day 6:** After breakfast we travel towards Varadero. On the way you will visit the town Sancti Spiritus. After lunch you will continue to Santa Clara. In Varadero you will check in at the all-inclusive hotel Villa Tortuga.
- Day 7:** You can relax on Varadero's beaches before we leave for the airport or your hotel in Havana.

GROUP TOUR CUBA

!! GUARANTEED DEPARTURES !!

WESTERN CUBA LIBRE

NOV 09	DEC 09	JAN 10	FEB 10	MAR 10	APR 10	MAY 10	JUL 10	AUG 10	SEP 10	OCT 10
07	19	16	13	13	10	15	17	14	18	16

Services:

- 7 overnights, no meals
- multilingual speaking tour guide
- all included transfers by air-conditioned mini bus

= low season = high season = peak season

Please note:

- If a hotel mentioned in the itinerary is already fully booked we reserve the right to book another accommodation of equivalent standard.

PRICE PER PERSON	
double room	992 CAD
+ suppl. single room	+ 169 CAD
+ suppl. high season	+ 85 CAD
+ suppl. peak season	+ 128 CAD



Itinerary

Day 1: Arrival at the José Martí airport in Havana. Transfer to your hotel in Habana Vieja.

Day 2 to 3: In the early hours of the morning we will have breakfast and then start our visit to the La Güira National Park. Located in the Sierra de los Órganos this park stretches over 21,850 hectares and offers picturesque valleys and mysterious caves. The former country estate of Don Manuel Cortina who was one of the first people of the revolution, forced to leave Cuba, is now a big park with the ruins of a medieval residential building and an English garden. Here we will begin our observations and hopefully we will see the Olive Capped Warbler and the Cuban Solitaire. Maybe we will even discover a Cuban Trogon, the country's national bird. About noon we check in to the Hotel San Diego de Los Baños which is about 5 km east from the Güira park. Lunch is served at the hotel. Then in the afternoon we return to the park again to enjoy the magnificent environment of this bird paradise.

Day 4 to 5: Today we go on to María La Gorda. Isolated and serene, María La Gorda is located in western Cuba, on the Guanahacabibes Peninsula, which UNESCO declared an International Biosphere Reserve in 1999. The area is filled with legends of pirates, old cannons and other treasures that lie on the bottom of the sea around peaceful Comientes Cove. The beach here is named for a legendary Venezuelan beauty who was marooned here by pirates. María allegedly gained quite a reputation for her fleshy charms.

En route to María La Gorda we make a brief visit to the world-famous Robaina Tobacco Plantation. If lucky, you may be able to meet Don Alejandro, the living legend of Cuban tobacco industry. "Vegas Robaina" cigars bear the name of the property of the best Cuban tobacco grower, Don Alejandro Robaina, whose family of tobacco growers set up in the tobacco region of San Luis during the middle of the last century. This area has the finest tobacco plantations and wrapper tobacco of the Vuelta Abajo region.

María La Gorda's location on the Northwestern tip of Cuba offers some of the best sunsets, beaches and marine life you will find in Cuba, an ideal place for water sports. Considered to be one of the richest in Cuba in biological terms, María La Gorda is famed for its clear seabed where you may see many species of coral, including the largest colony of Black Coral in Cuban water, gardens of gorgonians; sponges; and Barracudas, Dog Snappers, Snappers and many more tropical fish. At María La Gorda, we also have chance to experience sailing at sunset (subject to weather conditions). You can snorkel as you wait for the orange globe to set in this beautiful place where it seems you have encountered the end of the Earth.

Day 6 to 7: On our way back to Havana, just off the Carretera Central, we stop at the lush mountain resort of Soroa. Known as the "rainbow of Cuba," the area receives a lot of rainfall resulting in the growth of tall trees and orchids.

There are nearby coffee plantations, waterfalls and hot springs for the passing visitor. After Soroa, enjoy one last night and maybe one last dance in Havana.

Day 8: Today we say goodbye to Cuba. A transfer takes you to the airport or you continue your journey.

TOURS IN RENTAL CARS CUBA

RENTAL CAR TOUR CUBA ON YOUR OWN

PRICE PER PERSON	1 Person 1x SGL	2 Persons 1x DBL	2 Persons 2x SGL	4 Persons 2x DBL
low season	2.392 CAD	1.554 CAD	1.814 CAD	1.261 CAD
+ suppl. high season	+ 286 CAD	+ 286 CAD	+ 286 CAD	+ 286 CAD
+ suppl. peak season	+ 397 CAD	+ 397 CAD	+ 397 CAD	+ 397 CAD

LOW SEASON: 01-11 - 14-12-09, 01-04 - 14-07-10 & 01-09 - 31-10-10

HIGH SEASON: 01-01 - 31-03-10 & 15-07 - 31-08-10

PEAK SEASON: 14-12 - 31-12-09

Please note:

- Fully comprehensive insurance is not included and has to be paid on location with 15 CUC per day.
- A safety of 250 CUC has to be deposited at the pickup and will be reimbursed at the drop off if the car is not damaged.
- A one way fee of 80 CUC can will be charged at the drop off of the car.

TOUR CAN START AT ANY DATE

Services:

- airport transfers in Havana
- 13 nights incl. breakfast board
- 11 days rental car excl. insurance
- domestic flight Holguín -> Havana
- informative meeting in Havana
- road map of Cuba



Itinerary

Day 1: Arrival at the international airport in Havana. Transfer to your hotel e.g. Hotel Park View.

Day 2: Today you meet our colleagues in Havana. They will give you your travel documents as well as your travel itinerary, with suggestions which we have put together especially for you. Our employees are always keen to help you. You should use the afternoon to explore the Havana's historical centre, which is only a few minutes away by car. Overnight accommodation is e.g. at the Hotel Park View.

Day 3: Havana - Pinar del Rio - Viñales (190 km): Takeover of the rental car in Havana at 10 am and trip to Viñales where you can marvel over the legendary tobacco plantations. We recommend a side-trip on the way to visit the Las Terrazas community. The Las Terrazas community is situated in the Sierra del Rosario which is a 25,000 hectares of almost untouched piece of land which has been declared a biosphere reserve by the UNESCO. The 900 inhabitants of this community live from timber industry and eco-tourism. Furthermore you can visit the orchid gardens at Soroa. Overnight accommodation is at the Hotel Rancho San Vicente or similar.

Day 4: After breakfast you should use the opportunity to explore the wonderful surroundings. Accommodation is at the Hotel Rancho San Vicente or similar.

Day 5: Viñales - Cienfuegos (443 km): Today your first destination is Cienfuegos. Accommodation is e.g. at the Hotel La Unión.

Day 6: Cienfuegos - Trinidad (81 km): In the afternoon you continue your trip to Trinidad. The city was founded in 1514 by Diego Velázquez which is now a UNESCO world heritage site. Accommodation at the Finca María Dolores or at the Hotel Las Cuevas.

Day 7: This day you should use getting to know this special town. Accommodation at the Finca María Dolores or at the Hotel Las Cuevas.

Day 8: Trinidad - Camagüey (254 km): Next stop is Camagüey. During a walk through narrow alleys of the city you can explore numerous sights such as the Teatro Principal. The theatre is famous for its ballet ensemble. Accommodation for example at the Gran Hotel de Camagüey.

Day 9: Camagüey - Bayamo (210 km): After breakfast you travel in an eastward direction. Bayamo was founded in 1513 and thus it is the second oldest city in Cuba. The city is the capital of the province of Granma and is considered as the home of nationalism and a starting point of political revolt. Accommodation at the Hotel Royalton.

Day 10: Bayamo - Santiago de Cuba (117 km): Today you are travelling to Santiago de Cuba. This city is probably the most musical and passionate city of Cuba. Several museums, impressive buildings and a cemetery belong to the most important tour sights. You stay overnight e.g. at the Hotel Las Américas.

Day 11: In the morning you can go for a walk through the city of Santiago de Cuba. We recommend you a side-trip to the restored Castillo del Morro, a fortress from the 17th century. You stay overnight e.g. at the Hotel Las Américas.

Day 12: Santiago de Cuba - Holguín (138 km): Today you go on to Holguín, the capital of the same-named province. You are accommodated e.g. at the Villa El Bosque.

Day 13: Flight Holguín - Havana: After breakfast you still have enough time left to explore the city before you return the rental car and fly back to Havana. In Havana you will be taken from the airport to your Hotel Park View or similar.

Day 14: You should use the day strolling through the old town area of Havana again. Transfer to airport or to a city hotel in Havana.

TOURS IN RENTAL CARS CUBA



TOUR CAN START AT ANY DATE

RENTAL CAR TOUR CUBA EXPLORER

PRICE PER PERSON	1 Person 1x SGL	2 Persons 1x DBL	2 Persons 2x SGL	4 Persons 2x DBL
low season + suppl. high season + suppl. peak season	2.204 CAD + 319 CAD + 410 CAD	1.346 CAD + 319 CAD + 410 CAD	1.580 CAD + 319 CAD + 410 CAD	995 CAD + 319 CAD + 410 CAD

LOW SEASON: 01-11 - 14-12-09, 01-04 - 14-07-10 & 01-09 - 31-10-10

HIGH SEASON: 01-01 - 31-03-10 & 15-07 - 31-08-10

PEAK SEASON: 14-12 - 31-12-09



Services:

- airport transfer within Havana
- 13 nights incl. breakfast board
- 12 days rental car excl. insurance
- informative meeting
- road map of Cuba

Please note:

- Please note that the fully comprehensive insurance is not included and has to be paid on location with 15 CUC per day.
- A safety of 250 CUC has to be deposited at the pickup and will be reimbursed at the drop off if the car is not damaged.

Itinerary

Day 1: Arrival at the international airport of Havana. Transfer to the Hotel Montehabana.

Day 2: Today you will meet our colleagues in Havana. You will get your travel documents as well as the travel with suggestions that we compiled especially for you. To make your stay as easy as possible our colleagues are keen to advise you on individual problems. Accommodation at Hotel Montehabana.

Day 3: Havana - Cienfuegos - Trinidad (335 km): After breakfast you will be delivered your rental car. Your

journey will take you to Trinidad. On your way we recommend you take a short trip to Cienfuegos. Overnight accommodation at the Finca María Dolores or at the Hotel Las Cuevas.

Day 4: This day you should use to explore Trinidad. Overnight at Finca María Dolores or Hotel Las Cuevas.

Day 5: Trinidad - Santiago de Cuba (581 km): This part of the journey will take you to Santiago de Cuba, the second largest city on the island. It is a lively and exciting city with a unique mysterious and attractive charm. Accommodation e.g. at the Hotel Las Americas.

Day 6: In the morning you can go for a walk in the city of Santiago de Cuba. Northwest from Santiago lies the village El Cobre. Accommodation at the Hotel Las Americas.

Day 7: Santiago de Cuba - Baracoa (234 km): This part of the journey will take you to Baracoa - located in the province of Guantánamo. The first colonists founded this city in 1512. In Baracoa you will stay at the Hotel El Castillo or at Hotel Porto Santo.

Day 8: We highly recommend visiting the Catedral de Nuestra Señora de Asunción, where you can see Cruz de Parra. You can also go for a trip into the countryside and take a boat ride in a Cayuco, the traditional boat of native Indians on Río Toa. Overnight stay at Hotel El Castillo or at Hotel Porto Santo.

Day 9: Baracoa - Holguín (250 km): Today you will travel all the way to Holguín, a town with cultural and musical traditions kept carefully. Overnight accommodation for example at hotel Villa El Bosque.

Day 10: This day is left for you to plan. You will be accommodated e.g. in the hotel Villa El Bosque.

Day 11: Holguín - Camagüey (209 km): After breakfast you continue your journey to Camagüey. You stay e.g. at the Gran Hotel de Camagüey.

Day 12: Camagüey - Varadero (445 km): Today's journey will take a little longer, and once you arrive to Varadero you will be rewarded with wonderful white sandy beaches. Overnight at Villa Tortuga.

Day 13: Relax at the gorgeous beaches of Varadero. You stay in Villa Tortuga.

Day 14: Varadero - Havana: Today you will travel back to Havana. Upon arrival in Havana you will return your rental car, and be picked up to go to the airport.

RENTAL CAR TOUR CUBA ON WHEELS

PRICE PER PERSON	1 Person 1x SGL	2 Persons 1x DBL	2 Persons 2x SGL	4 Persons 2x DBL
low season + suppl. high season + suppl. peak season	1.450 CAD + 150 CAD + 241 CAD	982 CAD + 150 CAD + 241 CAD	1.099 CAD + 150 CAD + 241 CAD	631 CAD + 150 CAD + 241 CAD

LOW SEASON: 01-11 - 14-12-09, 01-04 - 14-07-10 & 01-09 - 31-10-10

HIGH SEASON: 01-01 - 31-03-10 & 15-07 - 31-08-10

PEAK SEASON: 14-12 - 31-12-09



Services:

- 6 overnights incl. breakfast board
- 7 days of rental car excl. insurance
- domestic flight Holguín - Havana
- road map of Cuba

Please note:

- Fully comprehensive insurance is not included and

- has to be paid on location with 15 CUC per day.
- A safety of 250 CUC has to be deposited at the pickup and will be reimbursed at the drop off if the car is not damaged.
- If a hotel mentioned in the itinerary is already fully booked we reserve the right to book another accommodation of equivalent standard.

TOUR CAN START AT ANY DATE

Itinerary

Day 1: Havana - Pinar del Río - Viñales (190 km): Pick up of the rental car at 10am and travel to Viñales. Overnight accommodation at the Hotel La Ermita or Los Jazmines.

Day 2: After breakfast you should use the opportunity to explore the surroundings. Enjoy the unique natural setting in the Viñales Valley. Accommodation is in the Hotel La Ermita or Hotel Los Jazmines.

Day 3: Viñales - Península de Zapata - Cienfuegos (443 km): After breakfast you leave for the Peninsula de Zapata. Accommodation and at the Hotel Jagua or similar in Cienfuegos.

Day 4: Cienfuegos - Trinidad (81 km): In the morning you should embrace the opportunity to visit Cienfuegos. After, you leave for Trinidad. Dinner and accommodation is at the Finca María Dolores or at the Hotel Las Cuevas.

Day 5: Trinidad - Sancti Spiritus - Camagüey (198 km): After breakfast you travel east towards Sancti Spiritus. The city was founded in 1514 by Diego Velazquez on the riverbed of the Tuinucú and 8 years later the city had been moved to the river Yayabo. The town of Sancti Spiritus is also famous for its numerous colonial houses. After, you visit Camagüey - a town with a considerable number of tourist sights. Accommodation at e.g. the Gran Hotel de Camagüey.

Day 6: Camagüey - Holguín (190 km): You will reach today's destination, Holguín, some time in the afternoon. The town offers numerous sights and events such as Las Romerías del Mayo and the Festival de Cultura Iberoamericano. Accommodation for example at the Hotel Villa El Bosque.

Day 7: After breakfast you will have enough time left to finish your exploration, before you return the rental car and fly back to Havana. There will be a transfer waiting to the airport or to a city hotel in Havana.

RENTAL CAR TOUR CUBA MOBILE

PRICE PER PERSON	1 Person 1x SGL	2 Persons 1x DBL	2 Persons 2x SGL	4 Persons 2x DBL
low season + suppl. high season + suppl. peak season	1.307 CAD + 254 CAD + 319 CAD	806 CAD + 254 CAD + 319 CAD	936 CAD + 254 CAD + 319 CAD	611 CAD + 254 CAD + 319 CAD

LOW SEASON: 01-11 - 14-12-09, 01-04 - 14-07-10 & 01-09 - 31-10-10

HIGH SEASON: 01-01 - 31-03-10 & 15-07 - 31-08-10

PEAK SEASON: 14-12 - 31-12-09



Services:

- 6 overnights incl. breakfast board
- 7 days rental car excl. insurance
- road map of Cuba

Please note:

- Please note that the fully comprehensive insurance is not included and has to be paid on location with 15 CUC per day.
- A safety of 250 CUC has to be deposited at the pickup and will be reimbursed at the drop off if the car is not damaged.

TOUR CAN START AT ANY DATE

Itinerary

Day 1: Havana - Pinar del Río - Viñales (190 km): Board your rental car at 10 am in Havana, and travel to Viñales.

We recommend a side-trip to visit Las Terrazas. You can also visit the orchid gardens at Soroa. Overnight accommodation at the Hotel La Ermita or Hotel Los Jazmines in Viñales.

Day 2: After breakfast you should use the opportunity to explore the wonderful surroundings. The valley Valle Viñales offers a spectacular countryside with its unique rocky mounds (mogotes) and numerous cave formations. We recommend a visit to many tobacco plantations which have made this region famous. Another destination to visit is the impressive cave Cueva del Indio. Enjoy the unique natural setting in the Viñales valleys. Accommodation is in the Hotel La Ermita or Hotel Los Jazmines.

Day 3: Viñales - Cienfuegos (443 km): Today you will visit Cienfuegos. On the way you should embrace the opportunity for a side-trip to Playa Girón. Cienfuegos belongs to one of the most beautiful and active towns of the island. Accommodation at the Hotel Jagua or similar.

Day 4: Cienfuegos - Trinidad - Ancón (94 km): After breakfast you leave for Trinidad. This city was founded in 1514 by Diego Velázquez and has been declared a UNESCO world heritage site. Dinner and accommodation is e.g. at the Hotel Ancón.

Day 5: Ancón - Sancti Spiritus (70 km): Today you are travelling to Sancti Spiritus. The city was founded in 1514 by Diego Velazquez on the riverbed of the Tuinucú and 8 years later the city had been moved near the river Yayabo. The town of Sancti Spiritus is also famous for its colonial houses. Accommodation for example at Rancho Hatuey.

Day 6: Sancti Spiritus - Santa Clara (83 km): In the morning you leave for Santa Clara. The town was founded in 1589 by a group of inhabitants of Remedios. There was one special event that made Santa Clara famous: In 1958 the last battle of the Guerrillas under command of Che Guevara took place in this town which meant the end of the Batista-dictatorship. Accommodation at the Hotel Los Caneyes or similar.

Day 7: Santa Clara - Matanzas - Havana (276 km): Today we return to Havana. On the way we recommend you a short trip to Matanzas. The city is situated on a bay and is the capital of the same-named province. Once in Havana, you return the rental car, and there is a transfer to the airport or to a city hotel in Havana.

BUS TOURS CUBA

CUBA EXPLORER BY BUS

LOW SEASON: 01-11 - 14-12-09, 01-04 - 14-07-10 & 01-09 - 31-10-10
HIGH SEASON: 01-01 - 31-03-10 & 15-07 - 31-08-10
PEAK SEASON: 14-12 - 31-12-09

TOUR CAN START AT ANY DATE

Services:

- airport transfers in Havana
- 12 overnights incl. BB (1 night on the night bus from Holguín to Havana)
- 7 bus transfers on an air-conditioned coach
- informative meeting in Havana

Please note:

- The buses only stop at the bus stations. So you might need to organise a taxi to/from your hotel yourself.
- If a hotel mentioned in the itinerary is already fully booked we reserve the right to book another accommodation of equivalent standard.
- This tour can start any time if under reserve of free availability.

PRICE PER PERSON	
double room	910 CAD
+ suppl. single room	+ 182 CAD
+ suppl. high season	+ 221 CAD
+ suppl. peak season	+ 254 CAD



Itinerary

- Day 1:** Arrival at the airport in Havana. Transfer to the Hotel Montehabana.
- Day 2:** At 10.30 o'clock you will meet one of our colleagues at the Lobby of your hotel. There you will be given the itinerary and the description of the travel program with some notes, which we have compiled especially for you. Our employees are always willing to consult with you and deal with any problems to ensure a pleasant and safe stay in Cuba. You should spend the afternoon exploring the Old City of Havana.
- Day 3:** The first part of the journey will take you to the beach paradise of Varadero. On the way you cross the bridge Puente de Bacunayagua from which you can enjoy the view of the valley Valle de Yumurí. The journey takes about 2 hours. You will stay at the hotel Villa Tortuga.
- Day 4:** We recommend you to relax on the beach or do some water sports. There are several places to go out to in the evening: restaurants, shopping options, bars, clubs and discos.
- Day 5:** Today you will go to Trinidad, where you will stay at the Hotel Las Cuevas or Finca María Dolores. Trinidad belongs to the world heritage of the UNESCO. There are many sights worth seeing, like the Palacio Brunet where the Museo Romántico is located. Trinidad is also an exciting place if you like the nightlife.
- Day 6:** You should use this day to explore this special place. Let the fascinating colonial district with its cobblestone streets and colourful bungalows captivate you. Today we would recommend a trip to the Sierra del Escambray or to Playa Ancón. Overnight at Hotel Las Cuevas or Finca María Dolores.
- Day 7:** This part of the journey will take you to Santiago de Cuba, the second largest city of the island. After the long bus trip it is quite relaxing to go for a walk. Go out for dinner at the city centre. And if you are still not tired visit the Casa de la Trava to shake a leg. Your overnight stay is at e.g. Hotel Las Américas.
- Day 8:** Explore Santiago de Cuba on your own. Visit the monuments and the museums or make an excursion to El Cobre. It is a charming village where you can enjoy the warm atmosphere and visit the famous cathedral. If you are in a mood for a swim you can also take a taxi to Playa Juraguá near Hotel Bucanero.
- Day 9:** This part of the journey will take you to Baracoa in the province of Guantánamo. The first colonists founded this city in 1512. In Baracoa you will stay at the Hotel El Castillo or Hotel Porto Santo.
- Day 10:** We highly recommend visiting the Catedral de Nuestra Señora de Asunción, where you can see Cruz de Parra. You can also opt for a trip into the countryside and take a boat ride in a Cayuco, the traditional boat of native Indians, on Cuba's deepest river – Río Toa.
- Day 11:** Today you will return to Santiago de Cuba. You stay overnight e.g. at the Hotel Las Américas.
- Day 12:** In the afternoon you will go to Holguín. There you will stay for e.g. at the Hotel Villa El Bosque. The city offers one of the most beautiful sites which are worth visiting.
- Day 13:** We recommend a tour through Holguín very rich in cultural and musical traditions. You can visit the archaeological site Chorro de Maita, a very well preserved cemetery of the indigenous population of the Arahua culture or make a trip to the beaches of Guardalavaca. In the evening you take your bus back to Havana.
- Day 14:** In the morning you will arrive in Havana. Enjoy your last day strolling around in the old city or use the opportunity to purchase some gift for your family and friends. A transfer will bring you to the airport.

STARTER PACKAGE AND BUS PASS CUBA

Services:

starter package:

- Transfers from Havana Airport to Hotel Montehabana
- Guided city tour of Havana
- 2 overnights at the Hotel Montehabana incl. Breakfast

LOW SEASON: 01-11 - 14-12-09, 01-04 - 14-07-10 & 01-09 - 31-10-10
HIGH SEASON: 01-01 - 31-03-10 & 15-07 - 31-08-10
PEAK SEASON: 14-12 - 31-12-09

TOUR CAN START AT ANY DATE

STARTER PACKAGE PRICE PER PERSON	
double room	163 CAD
+ suppl. single room	+ 41 CAD
+ suppl. high season	+ 36 CAD
+ suppl. peak season	+ 57 CAD



Services:

Hop on – Hop off Bus package per day:

- Bus transfer
- 1 night accommodation at one of the participating hotels
- You can start any day

BUS PACKAGE PRICE PER PERSON PER NIGHT	
Standard double room	62 CAD
+ suppl. single room	+ 16 CAD
+ suppl. high + peak season	+ 7 CAD

Discover your wild side in Cuba! The new bus tour was created for those travellers who wish to enjoy their freedom and make plans as they go. Hop on a bus and let it take you to a destination you like in Cuba, and wherever that is, we will have accommodation waiting for you. It is an ideal way to explore Cuba while backpacking, travelling alone or in pairs, choosing the cities and locations which suit you most, for as long as you wish! All you have to do is pay for the ticket and let us know in advance the numbers of days in each chosen location so that we can reserve the accommodation and a bus pass for you. You can choose from the cities listed in the following description.

STARTER PACKAGE

To start your Cuba adventure we recommend beginning with our starter package which includes a transfer from the airport to the hotel in Havana with 2 nights including breakfast and a guided city tour on day two.

HOP ON AND HOPP OFF BUS:

Route/ Day	Vinales - Havana - Cienfuegos - Guajimico - Trinidad	Trinidad - Santa Clara - Havana	Havana - Varadero - Havana	Havana - Vinales
Monday	x			x
Tuesday	x	x		
Wednesday		x		x
Thursday	x		x	
Friday		x		x
Saturday	x		x	
Sunday		x		x

You will leave Havana and travel to the Vinales Valley, while stopping at Pinar del Rio and Aguas Claras, and Soroa on the way. This internationally known region lies 180 km west from Havana in Sierra de los Organos, in Pinar del Rio province. The route includes Vinales as the starting point, all the way to capital city of Havana, and the world famous Cienfuegos' Bay.

The city Cienfuegos stretches over the Jagua Bay, located at the entrance to the Caribbean Sea. Starting from Cienfuegos, you will travel to Guajimico and the lively city of Trinidad. This city is considered to be one of Cuba's main attractions. The bus route starts from Trinidad to Santa Clara. On the way can visit Topes de Collantes, a beautiful resort on the mountains. The town of Santa Clara was founded in July 1589 by a group of Remedios' inhabitants who moved to this place in order to escape from pirate attacks. Santa Clara plays an important role in the 1958 Revolution: the place of the final battle including guerrillas led by Che Guevara when the Batista dictatorship won in the end. From Santa Clara you would to Havana, where you will have the chance to take the next bus to Varadero. Varadero is one of the most beautiful cities with over 20 km of beaches. It has one of Cuba's longest beaches. The water remains pleasantly warm all year round - 24 to 29°C. There are several restaurants, bars, clubs and shopping options in Varadero.

MEXICO EN BICI

JAN 10		FEB 10		MAR 10		APR 10	MAY 10	NOV 10		DEC 10	
10	24	14	28	14	28	18	23	14	28	12	26

Services:

- airport transfers
- 7 overnights with breakfast
- all meals mentioned in the programme
- qualified, multilingual tour guide
- transfers by air-conditioned mini buses

!! GUARANTEED DEPARTURES !!

☐ = low season ■ = high season

PRICE PER PERSON

double room + suppl. single room + suppl. high season 1.827 CAD + 377 CAD + 117 CAD

Please note:

- If a hotel mentioned in the itinerary is already fully booked we reserve the right to book another accommodation of equivalent standard.
- tips and optionals are not included in the price



Itinerary:

Day 1: Arrival in Cancun and transfer to your hotel in Playa del Carmen. After dinner we start with a short briefing.
Day 2: The day starts with an early breakfast before the snorkeling activity in the reef. We continue biking to catch the ferry to Isla Mujeres. Once in Isla Mujeres ride around the island so that later you can enjoy a great boat trip and snorkeling in the second largest reef in the world. After snorkeling treat yourself to a great lunch buffet on site. Later, bike back to the ferry returning to Cancun, and back to your hotel. 32 km
Day 3: We start with breakfast at the hotel and after a van transfer will take you to Tulum - an amazing archaeological site and the only walled Mayan city overlooking the sea. Bike from Tulum to Sian Ka'an Biosphere Reserve

where you will go kayaking in the wetlands and learn about environmental technologies. Also enjoy the great view of the reserve from the 50 feet high observation tower. Lunch will be served inside the reserve. After, bike back to your beachfront hotel located in Tulum area. Check-in hotel and dinner. 32 km

Day 4: Our biking tour starts with a ride to Coba. On the way there, stop to snorkel in the amazing crystal waters of the Gran Cenote, located all along today's biking route. Lunch in a hotel or any of the small restaurants of Coba on your own, the choice of restaurants will be listed on the day's itinerary sheet. In the afternoon, visit famous Coba archaeological site. Dinner will be served in Club Med. You will have an optional night hike to go and see crocodiles by the Coba lagoon. 64 km

Day 5: Optional bird watching hike in Coba. We start with an early breakfast and after, ride from Coba to a colonial town Valladolid. On the way there, you will pass near several Mayan villages. Also enjoy a swimming break in a Cenote where you can cool off. Finally you will arrive to Valladolid and check-in the hotel Meson del Marques situated in the main plaza. In the afternoon you will join a city tour and see murals and the museum of Valladolid, the church and the great environment of this colonial city. 61 km

Day 6: Today bike from the colonial city of Valladolid to the most important archeological site of the Maya - Chichen Itza - passing near unique Mayan villages and impressive churches. In the afternoon visit Chichen Itza archeological site. Check-in Club Med Chichen. Optional activity is a Light & Sound Show in Chichen Itza. We shall stop for a break in Kauai town and the guide will be available to explain the archeological site in the afternoon. 61 km

Day 7: After breakfast take your swimming suit and spend your day at Xcaret, an "arco-eco" park famous for its water fun, educational sections, and entertainment. Highlights are the park's two rivers (one with the underground passages), the aviary, butterfly and mushroom farms, aquarium, turtle breeding and releasing area, and the outdoor entertainment.

Day 8: Transfer to the international airport of Cancun or continue with your travel as you plan it.

BICYCLE TOUR MAYAN COMMUNITIES

DEC 09	JAN 10	FEB 10	MAR 10	APR 10	JUL 10	SEP 10	OCT 10
20	10	14	21	11	11	19	03

☐ = low season ■ = high season

!! GUARANTEED DEPARTURES !!

PRICE PER PERSON

double room + suppl. single room + suppl. high season 1989 CAD + 345 CAD + 150 CAD

Services:

- 11 overnights incl. breakfast
- 2 Transfers Cancun - Playa del Carmen
- qualified, multilingual tour guide
- transfers by air-conditioned mini buses
- bike

Please note:

- If a hotel mentioned in the itinerary is already fully booked we reserve the right to book another accommodation of equivalent standard.
- entrance fees, tips and optionals are not included in the price



Itinerary:

Day 1: Arrival to Cancun and transfer to Playa del Carmen. Accommodation at Hotel Playa del Carmen by H&A.
Day 2: We drive to Muylil to visit the three major structures. After this walk, we will board boats to visit two lagoons connected by an artificial canal. Afterwards we shall visit X-lapok - a little archaeological site inside the Reserve. We will have time to set up our camp in Mayan Community of Chunyaaxche.
Day 3: We will depart from Sian Ka'an (Reserve) to El Señor - a Mayan community where we'll take a route of Mayan Traditions. After taking a lunch break we will be ready to mount our bikes once again, and ride for approx. 7km towards the beautiful "Laguna Azul". Our day will be complete with dinner.

Day 4: After a delicious breakfast we will walk towards a "cenote" for swimming and relaxing. On the way back, we will visit "a panoramic view point from which we can appreciate the landscape. After returning our bikes, we will drive towards El Señor to have a delicious meal. In the evening we will go towards Tihosuco - a Mayan community welcoming us to spend a night in company of a typical Mayan family.

Day 5: The day begins with a light breakfast and a long walk to a corn field. In the afternoon we will visit a small museum dedicated to the "social Mayan war. To finish our day we will be in for a treat with a special meal, after which we can leave the community to continue towards Kantemó where you may want to choose to spend the night with a Mayan family or camping in the area.

Day 6: We shall spend most of the day 6 in Dziuche, a Mayan community, where we have enough time to regain the strength to continue our trip.

Day 7: After the breakfast we will explore birds' nesting zone travelling on canoes, just enjoying the quite natural ambiance. On our way back we shall bike towards Kantemó, and be driven to Laguna Kanab where our lunch will be served and we will set up our camp there too.

Day 8: First thing in the morning is a fulfilling breakfast being surrounded by the tranquil waters of this beautiful lagoon. Afterwards we will be driven to Felipe Carrillo Puerto, where we will have a delicious Mayan meal and enough time to recover our energies to continue with a City Tour on bike. In the evening we will have dinner with a host family and spend the night in a standard local hotel.

Day 9: After breakfast we will bike once more to visit the Mayan community of Nueva Loria. After our walk a Mayan family in Felipe Carrillo will cook a delicious lunch for us. Leisure time. Accommodation in Felipe Carrillo Puerto.

Day 10: We shall enjoy our last breakfast with a Mayan family and we will say good bye to our local guide to get back to Playa del Carmen. Accommodation in Hotel Playa del Carmen by H&A.

Day 11: Leisure time to explore and visit Playa del Carmen. Accommodation in Hotel Playa del Carmen by H&A.

Day 12: Transfer to the international airport of Cancun or continue with your travel as you plan it.

TREKKING YUCATAN

NOV 09	DEC 09	JAN 10	FEB 10	APR 10	JUN 10	SEP 10
15	20	17	14	04	13	12

☐ = low season ■ = high season

!! GUARANTEED DEPARTURES !!

PRICE PER PERSON

double room + suppl. single room + suppl. high season 1.963 CAD + 410 CAD + 98 CAD

Services:

- airport transfer
- 6 overnights incl. breakfast
- 6 x lunch, 4 x dinner
- qualified, multilingual tour guide
- boat trip
- climbing equipment
- transfers by air-conditioned mini buses
- all entrance fees

Please note:

- If a hotel mentioned in the itinerary is already fully booked we reserve the right to book another accommodation of equivalent standard.
- tips and optionals are not included in the price

Itinerary:

Day 1: Transfer from the airport in Cancun to your Hotel Playa del Carmen by H&A.
Day 2: (5hrs trekking) We leave Playa del Carmen to begin our journey to Coba. In Coba we go on a sight-seeing tour through the ruins. Afterwards we can go for a refreshing swim in a cenote (an underground river). Right before we have our lunch on the lagoon shore, we will get to enjoy the major highlight of the tour: Tiroleza (zip line). Pure adrenaline! During the Canopy tour, we will "fly" over the historical sites of the Mayans. Traditional and tasty lunch will be served on the lagoon shore. We will spend the night after dinner in Coba "Hotel Sac Be".
Day 3: (4hrs trekking) After breakfast we go on a hiking tour in the jungle. We will try to find some spider

and howler monkeys there. Upon reaching a beautiful lagoon, we will take an exciting canoe ride! After lunch, we get some rest and enjoy a relaxed afternoon out in the nature. We will spend the night in eco bungalows known as "unajel".

Day 4: (4hrs trekking) After breakfast we are headed for the Ek Balam ruins, where we can climb the highest pyramid in Yucatan. Afterwards, we take a hike through the jungle along the hidden trails, used only by the Mayans. Coming back from our hiking tour, we will get to know the inhabitants of a Mayan village, where a typical Mayan lunch will be served. The Mayans will be happy to answer any questions you might have or show you how to cook traditional lunch and teach you how to make delicious tortillas. In the afternoon we will go rappelling in a cenote. We will spend the night in "Hotel San Felipe".

Day 5: (2.5hrs trekking) In the morning we will drive to Rio Lagarto. A national park around the fishing village Rio Lagarto is well known for a great diversity of birds living there. We will take a boat ride through the mangrove to observe the famous flamingo colonies as well as many other varieties of birds. After lunch, we will take a boat ride through the salty rivers to watch flamingos in their natural habitat. Later we will have dinner. We will spend the night in a village family or in "coloradas" lodging.

Day 6: (2hrs trekking) Today we will have the opportunity to discover the diversity of flora and fauna of Yucatan in Peten Trucha. We devote this day to the exploration of unique bird's world and let our guide show us various kinds of birds during our hiking tour through the jungle. We will spend the night in hotel del pueblo izamal.

Day 7: (1hr trekking) A visit to Izamal, probably the oldest city of Yucatan, is on our agenda today. This trekking tour will give us a deep insight into the contrast of pre-Hispanic and colonial architecture. A carriage tour through the city will truly fascinate us. Some time later, after lunch we will head back to Playa del Carmen and spend the night at Hotel Playa del Carmen by H&A.

Day 8: Transfer from your hotel Hotel Playa del Carmen by H&A to the International Cancun Airport.

GROUP TOURS MEXICO

MAYA CLASSIC

NOV 09	DEC 09	JAN 10	FEB 10	MAR 10	APR 10	JUN 10	AUG 10	OCT 10
15	20	10	14	14	04	13	08	17

= low season = high season

Services:

- 14 overnights incl. breakfast
- qualified, multilingual tour guide
- transfers by air-conditioned mini buses

!! GUARANTEED DEPARTURES !!

Please note:

- If a hotel mentioned in the itinerary is already fully booked we reserve the right to book another accommodation of equivalent standard.
- entrance fees, tips and optionals are not included in the price

PRICE PER PERSON	
double room	2.912 CAD
+ suppl. single room	+ 397 CAD
+ suppl. high season	+ 208 CAD



Itinerary:

- Day 1:** Arrival in Cancún and transfer to Playa del Carmen. Accommodation in Hotel Playa del Carmen by H&A.
- Day 2:** Today we drive to Tulum. The site is surrounded by the defence walls from all 3 sides, and the fourth side is an impressive cliff overlooking the Caribbean sea. In the afternoon we will continue to the Laguna Bacalar. Accommodation stay in Hotel Laguna.
- Day 3:** We cross the border in Belize for a visit to Altun-Ha and San Ignacio. We spend the same night close to the Guatemalan country borders. Accommodation stay in Hotel Midas.

Day 4: Today we shall enter Guatemala, pass Yaxha ruins and arrive to the island of Flores. Later on in the day, we will have a guided tour at the Mayan site Yaxha. Accommodation stay in Hotel Sabana.

Day 5: Tikal is the most impressive monumental site of the Mayan world. Wondering through the middle of the jungle, we will come across steep and towering temple pyramids, giant plazas and acropolises! Accommodation stay in Hotel Sabana.

Day 6: Today we have planned a boat trip from the Rio Usumacinta to Palenque. On the way, we shall visit the site of Yaxchilan. Transportation will be waiting for us at Frontera Corozal to take us all the way to Palenque. Accommodation, stay in Hotel Villas Kin Ha.

Day 7: Today we will visit incomparable ruins of Palenque with the Temple of the Inscriptions, the Palace and the complex of the Temples of the Crucifixes scattered around the site. Later on we continue our journey to Campeche, where we plan to spend a night in a hotel located at the city centre. Accommodation, stay in Hotel Lopez.

Day 8: Edzna is a must that we visit this impressive site, which has a five storied palace built in the same architectural style as the creations of temples and palaces. We spend the night in Mérida. Accommodation stay in Hotel Caribe.

Day 9: Today we go on a Merida city tour to visit the most beautiful sights of this colonial town. You will have some leisure time in the afternoon. Accommodation stay in Hotel Caribe.

Day 10: Today, we visit the most important sites of the "Puuc-region": Merida, Uxmal, Sayil, Kabah and Labna. Accommodation stay in Hotel Caribe or of the similar standard.

Day 11: We have an early morning departure to Chichén Itzá, the only Mayan site with a strong influence of Toltec architecture. The second site named Ek Balam. We shall end the day in Playa del Carmen. Accommodation stay in Hotel Playa del Carmen by H&A

Day 12-14: Leisure time to walk around Playa del Carmen. Accommodation in Hotel Playa del Carmen by H&A.

Day 15: Transfer to the airport or you will continue with your own trip arrangements.

DISCOVER YUCATÁN

DEC 09	JAN 10	FEB 10	MAR 10	APR 10	JUN 10	SEP 10
20	17	14	21	04	20	19

= low season = high season

Services:

- 11 overnights incl. breakfast
- qualified, multilingual tour guide
- transfers by air-conditioned mini buses

Please note:

- If a hotel mentioned in the itinerary is already fully booked we reserve the right to book another accommodation of equivalent standard.
- entrance fees, tips and optionals are not included in the price

PRICE PER PERSON	
double room	2.327 CAD
+ suppl. single room	+ 228 CAD
+ suppl. high season	+ 234 CAD



Itinerary:

- Day 1:** Arrival to Cancun's International Airport, transport to our hotel "María de La Luz" in Valladolid.
- Day 2:** Early in the morning we visit Chichén Itzá, the only Mayan site with a strong influence of Toltec architecture. The second site named Ek Balam is the sensational site of the last years. Afterwards lets have a bath in the Cenote Dzitnup. Crystal, clear waters that will refresh you. Hotel in Valladolid María de la Luz.
- Day 3:** From Valladolid we travel over Izamal — also called the yellow town, because near by all the buildings are painted yellow. A catholic church constructed above the highest Mayan temple - to Mérida.

Accommodation, stay in Hotel Caribe, Mérida.

Day 4: City Tour through Mérida; you will admire the beautiful colonial architecture, the famous Paseo Montejo with many important monuments and the big market, where you will be able to observe the typical Mexican live. The Afternoon is free. Accommodation, stay in Hotel Caribe.

Day 5: Uxmal, Edzna, Campeche - These archaeological sites are well known for their very sophisticated architecture. Uxmal means "thrice-built" in ancient Mayan, Uxmal was one of the largest and most important cities of the Yucatan peninsula. In Edzna you will be astonished about the "Palace of the five Stories, a unique building within the Mayan World. Accommodation, stay in Hotel López in Campeche.

Day 6: Early morning we continue our trip to Palenque, where we will have a siesta at the Swimming-Pool of our hotel. Afterwards we will discover the Mayan ruins of Palenque. Accommodation in Hotel Villas Kin Ha.

Day 7: Today we visit the two great waterfalls Misol Ha and Cascadas de Agua Azul, where you will be impressed of the natural beauty of the area. We stay again in Palenque in Hotel Villas Kin Ha.

Day 8: Becan, Chicana, Xpujil: the Mayan sites belong to the architectural style of the so called region "Rio Bec. Very different architecture than the rest of the sites we have visited before. Twin pyramids that dominate the big plazas and fortresses in form of a defensive wall with a ditch around the whole city-state. Accommodation, stay in Hotel Debliz Xpujil.

Day 9: After breakfast we visit Kohnulich. In English it was named „Cohune Ridge“- "Hill covered with cobruss". From Kohnulich we will continue to Laguna de Bacalar to enjoy a spectacular view from our hotel over the lagoon and the sunset. Accommodation, stay in Hotel Laguna.

Day 10: Today as optional activity, we will enjoy a boat trip around the lagoon or spend some time bathing in the colourful waters. Accommodation, stay in Hotel Laguna.

Day 11: On our way to Playa del Carmen we stop in Tulum. Accommodation in Hotel Playa del Carmen by H&A.

Day 12: Transfer to the airport or continue with your trip.

!! GUARANTEED DEPARTURES !!

CASTAS TOUR

DEC 09	JAN 10	FEB 10	MAR 10	APR 10	JUL 10	OCT 10
06	10	14	21	11	11	17

= low season = high season

Services:

- 8 overnights incl. breakfast
- qualified, multilingual tour guide
- transfers by air-conditioned mini buses
- tents

!! GUARANTEED DEPARTURES !!

Please note:

- If a hotel mentioned in the itinerary is already fully booked we reserve the right to book another accommodation of equivalent standard.
- entrance fees, tips and optionals are not included in the price

PRICE PER PERSON	
double room	1.723 CAD
+ suppl. single room	+ 397 CAD
+ suppl. high season	+ 156 CAD



Itinerary:

- Day 1:** Arrival in Playa del Carmen, accommodation in Hotel Playa del Carmen by H&A.
- Day 2:** Playa del Carmen - Coba - Punta Laguna. After breakfast departure from Hotel in Playa del Carmen to explore the archeology of the Coba ruins. We continue further to Punta Laguna (we strongly advise you to follow your tour guide's instructions for it is a nature reserve) where you could take a long walk searching for spider monkeys or just relax in or on the cenotes. Optional activities: Biking, cable car and cenote (combined or separately). Camping in Punta Laguna. Included: admission to the nature reserve

Day 3: Punta Laguna - Hacienda San Miguel. Departure at 9:30a.m. this farm offers you an opportunity of participating in such traditional activities as cornfield work, cattle driving, horse-riding or simply exploring the area by bike. Hacienda San Miguel. Optional activities: Biking to Hacienda, Horse-riding, Lodging in huts on the ranch (possibly shared accommodation)

Day 4: Hacienda San Miguel - Chichen Itzá - Yaxuna. Today we will visit two beautiful ancient Mayan towns. Departure at 9 a.m. Cenote: Optional Chichen Itzá ruins: including guided tour, Yaxuna Ruins: including guided tour, Lodging in archeological huts (possibly shared accommodation)

Day 5: Yaxuna - Mérida. We spend a day in this wonderful city, also known as "the white city". Later we are going to visit Merida, the capital of Yucatan. Our itinerary also includes a special tour through this fascinating city at night. Accommodation in Simple Hotel (possibly shared accommodation)

Day 6: Mérida - Celestún - Dzibilchaltún. Today we are going to visit Merida, the capital of Yucatan, where you will have a number of activities to choose from. Optional activities: City tour Celestun, Dzibilchaltun ruins. Accommodation in Simple Hotel (possibly shared accommodation)

Day 7: Mérida - Uxmal - Oxkutzcab. At 7 a.m. after breakfast you are headed towards Uxmal Ruins accompanied by a tour guide. Later you are going to the colonial city of Oxkutzcab, where you can take a walking tour through the city. Our itinerary also includes a visit to the market. Camping in Chichancanab lagoon

Day 8: Oxkutzcab - Chichancanab - Dzuuche - Tulum. Our day starts at 8 a.m. We are going to visit the Chichancanab lagoon, where you will be able to hike and swim in the lagoon. Afterwards we will continue our journey to Tulum through Dzuuche (where you may participate in this optional activity: Maya Chaman). Camping in Tulum

Day 9: Tulum - Playa del Carmen. After breakfast we are headed towards Tulum ruins accompanied by a tour guide. Optional activities: Here you will have a chance of participating in a snorkeling tour along a coral reef in the Caribbean Sea. Afterwards we return to Playa del Carmen, which is the final stop of our tour.

RENTAL CAR TOURS MEXICO

MAYA WEEKEND

DATES ON REQUEST

Services:

- 2 Transfers Cancún - Playa del Carmen
- 2 overnights incl. breakfast
- qualified, multilingual tour guide
- transfers by air-conditioned mini buses

Please note:

- If a hotel mentioned in the itinerary is already fully booked we reserve the right to book another accommodation of equivalent standard.
- entrance fees, tips and optionals are not included in the price

PRICE PER PERSON	
double room + suppl. high season	605 CAD + 78 CAD



Itinerary:

Day 1: We will begin with a short briefing about our intercultural trip to the Riviera Maya. Afterwards we depart to Felipe Carrillo Puerto where we will be welcomed by El Señor Community and our local guides. In the afternoon we will take a bicycle tour towards La Laguna Azul (blue lagoon), where we will have time to set-up our camping site, then explore the surroundings with the help of our guides. Dinner and camping.

Day 2: Early morning we will have time to pack up our camping equipment and continue on bicycle back to El Señor, where a special breakfast awaits. Our local guides will show us their traditions and customs, after which we will continue on to Tihosuco to visit an artisan factory. Here we will see the Mayan community work inside their cotton fabrics; then we will continue with a meal organized by Tihosuco Mayan community. Then we will be driven to Kantemo community. In the afternoon we will take a bicycle tour towards the cavern, and once there our guide will give us some directions on how to walk around the cavern. Afterwards we will continue on bicycle to Laguna Chichankanab. Time to set our camp and dinner.

Day 3: Today we will enjoy a delicious breakfast near the lagoon, and as an optional activity you may choose to go canoeing or swimming in the lagoon. After we pack up the camp, we will be ready to ride back to the Kantemo community where our local guides will leave us before we return to Felipe Carrillo Puerto. There our team awaits for us to share the last meal together. Back to Playa del Carmen.

RENTAL CAR TOUR YUCATAN MOBIL

PRICE PER PERSON	1 Person 1x SGL	2 Persons 1x DBL	2 Persons 2x SGL	4 Persons 2x DBL
low season + suppl. high season	2.158 CAD + 52 CAD	1.112 CAD + 52 CAD	1.794 CAD + 52 CAD	930 CAD + 52 CAD

High season: 21.12.09 - 31.03.10; 15.07. - 31.08.2010

Services:

- 7overnights incl. breakfast
- airport transfers
- rental car incl. all km and insurance
- road map of Mexico

Please note:

- If a hotel mentioned in the itinerary is already fully booked we reserve the right to book another accommodation of equivalent standard.



TOUR CAN START AT ANY DATE

Itinerary:

Day 1: Arrival in Cancún. Hotel transfer. Accommodation in hotel Radisson Hacienda Cancún.

Day 2: (daily route 350 km) In the morning you pick up your rental car. You begin your trip by driving past the grots of Dzitnup to one of the most important Maya sites Chichén Itzá. We advise you to take a closer look at such famous buildings as the Kukulan-pyramid, the observatory or the ball court. Afterwards

we continue our journey to Mérida. Accommodation in hotel El Castellano Mérida.

Day 3: (daily route 180 km) You could spend the morning in Merida by going on a city tour, including a visit to the governor's palace, the cathedral and the Montejo palace. Afterwards it is worth taking a drive to the fisher's town of Celestún, which is located in the identically named nature reserve. The highlight is the boat excursion to the nature reserve. Return to Mérida. Accommodation in hotel El Castellano.

Day 4: (daily route 170 km) We recommend to drive to the Puuc-region. Visit the former Sisal-hacienda in Yaxcopoil as well as to the impressive Maya-sites of Uxmal and Kabáhboth being amazing examples of the classical Maya architecture. Continue to Campeche with its recently restored historical buildings appearing in all glamor. Accommodation in hotel Plaza Campeche.

Day 5: (daily route 400 km) In the morning it is advisable to visit the fascinating colonial town with its typical fortifications that were supposed to protect it from their pirate attacks. A drive to Palenque in the afternoon. Accommodation in hotel Villas Kinha Palenque.

Day 6: (daily route 150 km) A visit to the mystical cult site of Palenque, once the empire of the legendary ruler Pakal. Ascend the temple of inscriptions, where you will find the grave of Pakal. In the afternoon we are driving to the water cascades of Agua Azul located in the middle of the jungle. In the late afternoon return to Palenque. Accommodation in hotel Villas Kinha Palenque.

Day 7: (daily route 460 km) On the way to Chetumal it is worth visiting at least two excavation sites: we recommend Chicanna and particularly Kohunlich, with the temple of masks dedicated to the God of the sun. Accommodation in hotel Holiday Inn Chetumal.

Day 8: (daily route 360 to 420 km) A visit to the modern Maya-museum in Chetumal. A drive to Bacalar as well as to the lagoon of seven colors with the idyllic Azul cenote. You drive further to Tulum to visit the late classical cult site built on a cliff high above the Caribbean Sea. Drive to your hotel in the Riviera Maya or Cancún. Return of the rental car.

RENTAL CAR TOUR YUCATAN ON WHEELS

PRICE PER PERSON	1 Person 1x SGL	2 Persons 1x DBL	2 Persons 2x SGL	4 Persons 2x DBL
low season + suppl. high season	2.022 CAD + 52 CAD	1.040 CAD + 52 CAD	1.567 CAD + 52 CAD	813 CAD + 52 CAD

High season: 21.12.09 - 31.03.10; 15.07. - 31.08.2010

Services:

- 13 overnights incl. breakfast
- airport transfers
- rental car incl. all km and insurance
- road map of Mexico

Please note:

- If a hotel mentioned in the itinerary is already fully booked we reserve the right to book another accommodation of equivalent standard.



TOUR CAN START AT ANY DATE

Itinerary:

Day 1: Transfer from the airport in Cancun to your hotel in Playa del Carmen Hotel Playa del Carmen by H&A.

Day 2: Your second day you start with a briefing with our staff; they will give you your travel coupons, maps and will answer all your inquiries about your trip in México. During the day you will have enough time to enjoy the sights around this beautiful town. Accommodation Hotel Playa del Carmen by H&A.

Day 3: Early in the morning your rental car will be delivered to you, and you will drive to Valladolid from Playa del Carmen, so you will have plenty of time to visit Chichen Itza. Afterwards you can go have a swim in the Cenote Dzitnup cristal-clear waters that will refresh you. Hotel in Valladolid María de la Luz.

Day 4: From Valladolid you travel to Izamal — also called the "Yellow Town" because of its buildings all painted in yellow. You will also visit a catholic church constructed above the highest Mayan temple, and continue your way to Mérida. Accommodation, hotel Caribe or similar

Day 5: In the city of Merida you can admire the beautiful colonial architecture, the famous Paseo Montejo with many important monuments and the big market, where you can take a break and observe typical Mexican live. Accommodation, stay in Hotel Caribe or similar.

Day 6: The archaeological sites Uxmal, Edzna, Campeche are well known for their sophisticated architecture. Uxmal was one of the largest and most important cities of the Yucatan peninsula. In Edzna you will be amazed about the "Palace of the Five Stones". You stay overnight in Campeche in Hotel López.

Day 7: You shall continue your trip to Palenque, where we recommend that you discover the Mayan ruins of Palenque. The Temple of the Inscriptions, the Palace and the complex of the Temples of the crucifixes, are making this visiting site incomparable. Accommodation, stay in Hotel Villas Kin Ha.

Day 8: Today you can visit the two great waterfalls Misol Ha and Cascadas de Agua Azul, where you will be impressed with the natural beauty of the area. Accommodation, stay in Hotel Villas Kin Ha.

Day 9: The three Mayan sites Becan, Chicana, Xpujil that you can visit today, belong to the architectural style of the so called region "Rio Bec. Very different architecture than the rest of the sites you have visited before. Accommodation in Hotel Debliz Xpujil.

Day 10: The original name from the archaeological site of Kohunlich is not known. In English it was named „Cohume Ridge“- "Hill covered with cob rush". From Kohunlich you will continue your drive to Laguna de Bacalar to enjoy a spectacular view of the sunset over the lagoon, from your hotel Laguna.

Day 11: Today you might want to enjoy a boat trip around the lagoon and spend some time bathing in the colourful waters. Accommodation, stay in Hotel Laguna.

Day 12: On your way to Playa del Carmen we recommend you to stop in Tulum. In Playa del Carmen you will return your rented car to the rental office you chose. Accommodation Hotel Playa del Carmen by H&A.

Day 13: Today you will have a transfer from hotel and take you to the airport, or you can choose to continue with your vacation.

DIVING & COOKING MEXICO

DIVING IN PLAYA DEL CARMEN

NOV 09	DEC 09	JAN 10	FEB 10	MAR 10	APR 10	JUN 10	AUG 10	OCT 10
15	20	10	14	14	04	13	08	17

= low season = high season

Services:

- 12 overnights incl. breakfast
- qualified, multilingual tour guide
- transfers by air-conditioned mini buses
- 14 dives

Please note:

- If a hotel mentioned in the itinerary is already fully booked we reserve the right to book another accommodation of equivalent standard.

PRICE PER PERSON	
double room	2.087 CAD
+ suppl. single room	+ 501 CAD
+ suppl. high season	+ 104 CAD

not included:

- ferry to Cozumel
- entrance fees
- 5 USD per day for diving equipment
- tips

!! GUARANTEED DEPARTURES !!

Itinerary:

Day 1: Arrival and transfer from the Airport to Hotel Playa del Carmen by H&A in Playa del Carmen, where we will be staying the next 12 nights.

Day 2: Diving in Tortuga with plenty of turtles and tarpons swimming around. The second dive takes you to the Barracuda reef with large pools of fish, beautiful corals and overhangs.

Day 3: Diving in Islote, a wonderful coral garden. On the second dive in Sabalos you will see large concentrations of fish, beautiful corals and overhangs.

Day 4: Leisure time, you will have time to enjoy a free day, or ask our staff about the optional activities to do in Playa del Carmen.

Day 5: Diving at the wall north of Playa del Carmen. You might see "big stuff" like rays or bull sharks. On the second dive in Moc Che you can find lots of crabs, juvenile fish and large schools of fish and at the end of the dive an arch.

Day 6: Scuba diving at Cozumel (Ferry and entrance fee not included). Cozumel is known for the wall diving, and is full of sponges.

Day 7: A diver's highlight is the diving in the crystal clear waters of the largest underground river system in the world. You will begin the dive at the entrance of the cave system, always within the daylight. Chac Mool is good for discovering fossils, the sunlight entering from the opening and a halocone.

Day 8: Leisure time, you will have time to enjoy a free day, or ask our staff about the optional activities to do in Playa del Carmen.

Day 9: A diver's highlight is the diving in the crystal clear waters of the largest underground river system in the world. You will begin the dive at the entrance of the cave system, always within the daylight. Dos Ojos is captivating for the stunning decorations of stalactites and stalagmites' formations.

Day 10: Leisure time, you will have time to enjoy a free day, or ask our staff about the optional activities to do in Playa del Carmen.

Day 11: Today you will explore a sunken navy boat in Puerto Morelos, a shipwreck magically covered in corals representing a divers' heaven in this large pelagic.

Day 12: Leisure time, you will have enough time to enjoy a free day, or ask our staff about the optional activities to do in Playa del Carmen.

Day 13: Today you will have transfer to the International Cancun's Airport or you will continue with your own travel arrangements.

COOKING COURSES IN PLAYA DEL CARMEN

COURSE STARTS EVERY MONDAY

Services:

- accommodation in Hotel Playa del Carmen by H&A/BB
- 2 cooking lessons of 45 min per day / 5 days per week
- Cooking material
- Cooking ingredients
- Cooking instructions by professional chefs

Please note:

- Cooking course is held from Monday to Friday
- Flexible timetable; lessons mostly in the afternoon
- You can book and start on any day
- We recommend arrival on Sundays

PRICE PER PERSON	
double room	611 CAD
+ suppl. single room	+ 234 CAD
+ suppl. high season	+ 137 CAD

COURSE ONLY 260 CAD

High season: 21.12.09 - 31.03.10; 15.07. - 31.08.2010



Introduction:

The Mexican kitchen is one of most imaginative and most unusual of the Latin America and is considered world-wide as the joy for palate. Indian food recipes have through time mixed and evolved together with Spanish delicacies, and thus you can find excellent local restaurants in Oaxaca, Yucatan, Puebla and Vera Cruz. Join our Cooking course in Mexico and learn how to prepare some of these local delicacies.

Our school in the heart of Playa del Carmen will offer you cooking lessons with experienced local chefs where you can learn, socialize and most of all, have lots of fun!

The Mexican 'antojitos' are the art of preparing deliciously fast Mexican snacks, ideal for nibbling occasions. For this type of a snack hunger is not really necessary; all you need is some Tequila or one of our excellent Margaritas - and we can teach you how to make them just right! Our Cooking & Cocktails course in Mexico will give you an opportunity to learn about broadly diverse and magical Mexican cuisine, and together with our cooking chefs you will practice creations of many tasty local dishes.

COURSE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
COURSE 1 COCINA MEXICANA BASIC	<i>Cooking Course for example:</i> Empanadas Tacos Dorados Enchiladas de mole negro con pollo Tostadas Guacamole Nachos	<i>Cocktail course:</i> Tequila tasting at the Restaurant "La Destileria"	<i>Cooking course for example:</i> Huevos a la Mexicana Enchiladas verdes Chiles rellenos Pollo en salsa morita Calabacitas rellenas	<i>Cocktail course:</i> Mezcal preparations in the Bar "Los Danzantes" History lessons about Mezcal	<i>Cooking Fish & Seafood for example:</i> Ceviche de pescado Filete de pescado con achiote Camarones al mojo de ajo Ensalada de mariscos
COURSE 2 COCINA MEXICANA NORTENA	<i>Cooking Course for example:</i> Machaca con huevo Carne en su jugo Discada Tacos	<i>Cocktail course:</i> Tequila tasting at the Restaurant "La Destileria"	<i>Cooking Course for example:</i> Carnitas mexicanas con coca-cola Enchiladas queretanas Burritos Salsas	<i>Cocktail course:</i> Mezcal preparations in the Bar "Los Danzantes" History lessons about Mezcal	<i>Cooking Fish & Seafood for example:</i> Enchiladas de camarones y espinacas salsas
COURSE 3 COCINA MEXICANA Y MARISCOS	<i>Cooking Course for example:</i> Empanadas Tacos Dorados Enchiladas de mole negro con pollo Chilaquiles rojos o verdes con pollo Tostadas	<i>Cocktail course:</i> Tequila tasting at the Restaurant "La Destileria"	<i>Cooking Fish & Seafood for example:</i> Ceviche de pescado Filete de pescado con ajote Camarones al mojo con ajo	<i>Cocktail course:</i> Mezcal preparations in the Bar "Los Danzantes" History lessons about Mezcal	<i>Cooking Fish & Seafood for example:</i> Camarones a la mexicana Bacalao a la mexicana salsa

DANCING COURSES IN PLAYA DEL CARMEN

COURSE STARTS EVERY MONDAY

Services:

- accommodation in Hotel Playa del Carmen by H&A/BB
- 2 salsa lessons of 45 min per day / 5 days per week
- personal dancing partner

Please note:

- Dancing course is held from Monday to Friday
- Flexible timetable; lessons mostly in the afternoon
- You can book and start on any day
- We recommend arrival on Sundays

PRICE PER PERSON	
double room	515 CAD
+ suppl. single room	+ 235 CAD
+ suppl. high season	+ 142 CAD

COURSE ONLY 163 EUR

High season: 21.12.09 - 31.03.10; 15.07. - 31.08.2010



Introduction:

One of our exciting after-school activities in Playa del Carmen is Salsa Course - a hot Caribbean rhythms to get you moving and spice up your holidays! The dance lessons are held during the week, from Monday to Friday and you can join the classes on any day.

Salsa courses are led by experienced and professional Salsa teachers, who are friendly and willing to create a fun learning experience for all levels' students and give you enough personal attention during your dance class.

Depending on your level and experience you will be able to adjust the number of learning hours per day as you wish. Absolute beginners are encouraged as well to join our Salsa classes as the dance program will be adjusted to their learning pace and ability. However, if you are a dance expert, you will be given a higher level class, where you can learn new moves and steps and our dance teachers will make the class more challenging! In order to practice your new dance moves outside the school, you will visit Bodeguita del Medio dance house, where you can join the locals and show off what you know!

BOOKING FORM & CONDITIONS

Terms & Conditions

Prices are quoted in Canadian dollars, unless otherwise stated. Tour prices are the best available for the dates and accommodation categories specified and may vary with actual travel date or availability of accommodation especially during national holidays and Christmas, New Years and Easter breaks.

Holiday-n-Adventure reserves the right to change prices in the event of any price increase beyond our control including, but not limited to, the price of fuel and/or currency fluctuations or government taxes or levies. Should prices increase by more than 7% between the time of booking and time of travel, passengers may cancel without penalty. Prices for fully paid bookings will be guaranteed unless the price increase exceeds 10% in which clients may cancel without penalty.

Other Charges:

All travel services are subject to various additional charges not shown, such as: Canadian Air Transportation Tax – departure tax and the Goods and Services Tax (GST) if applicable. Not all taxes are available for prepayment at time of booking. In addition, passengers are responsible for any increase, new taxes or mandatory fees imposed and payable at the time to ticketing.

Deposits:

To confirm a reservation, a deposit of 10% or \$250.00 per person is required at the time of booking. Final payment for all tour arrangements is due 45 days prior to departure. The welcome pack with extra information, vouchers and the address of your accommodation will be sent after the outstanding balance has been paid in full. The invoice must be paid in full, 45 days prior your departure.

Credit Card Payments:

Payment must be made either by cheque or credit card: VISA, Master Card or American Express. If you make a payment with a credit card, Alderly Group Marketing will appear as the vendor on your statement, not **Holiday-n-Adventure**. The authorization of the corresponding credit card binds the card-

holder, to the terms and conditions of this contract whether or not a credit card form has actually been signed. A 3.5% credit card merchant fee will be charged.

Changes:

If you wish to change your existing reservation, **Holiday-n-Adventure** will make every effort to satisfy your request. If such a change is permitted after the reservation is guaranteed or deposit is paid and prior to ticketing, a \$75.00 administration fee will be applied. Change fee are subject to taxes and GST.

Cancellations:

Written notification of cancellation must be submitted to **Holiday-n-Adventure**. Cancellation fees are according to the rates and time shown below:

Cancellation up to 46 days prior to departure	Initial deposit
Cancellation up to 45-30 days prior to departure	50%
Cancellations within 30 days prior to departure	100%

Insurance:

We strongly recommend the purchase of travel insurance. Insurance cost is not refundable.

Documentation:

It is the personal responsibility of all travelers to have in their possession before leaving Canada, the correct documentation required for both their journey to their destination and return to Canada including any stops or layovers in between. **Holiday-n-Adventure** cannot be held responsible in the event that a passenger is denied entry, whether or not the documents are in order, and in such an event any cost associated with an early return to Canada or detainment will be at the traveler's expenses. Travelers are advised that certain destinations require passports to be valid for at least 6 months beyond the date of return. A valid passport or proof of citizenship is required for re-entry into Canada.

Services & Facilities at the destination:

We have made every effort to accurately describe the conditions at destination. It is only given for your information and is not part of the travel services included in the price. If you have a problem with the service provided at destination, please contact your **Holiday-n-Adventure** representative and give notice in writing. If you cannot resolve your problem at the destination, please write to **Holiday-n-Adventure** within 7 days of your return.

Changes of Service:

We reserve the right to cancel a tour or modify the travel service you have purchased by substituting services, varying the itinerary, or otherwise. In all cases you will receive a comparable or superior product. In the event of a cancellation, our liability will be limited to the purchase price of the travel service only and we shall not be liable for any claims, demands, losses and damages of any nature or kind whatsoever that you may have by reason of our modification to, or cancellation of the travel service. Furthermore, suppliers may have the right to substitute other suppliers in their place with or without notice to us or to you. We do not assume responsibility for any claims whatsoever resulting from such substitution

Responsibility:

Holiday-n-Adventure shall not be liable for any claims, losses, damages, costs, expenses, delays or loss of enjoyment of any nature or kind whatsoever, to you or your travelling companions or groups members resulting from events beyond our or a suppliers reasonable control including, but not limited to, acts of God, strikes, lockouts or other labor disputes or disruptions, wars, blockades, insurrections, riots, earthquakes, weather conditions, floods or acts or restraints imposed by government authorities.

Personal data of the travellers

Surname: _____
Name: _____
Street/Box: _____
Index/City: _____
Phone: _____
Fax: _____

(If you are booking as a couple or group please attach a separate sheet with the personal data.)

Gender: female male
E-mail: _____
Passport number/valid until: _____
Place of issue (passport): _____
Nationality: _____
Date of birth: _____

I/we/book the following services in:

Cuba Mexico

Tour/excursions

_____ . _____ . _____
_____ . _____ . _____

Accommodation:

no accommodation Apartment Basic guesthouse
 SR DR

Dancing- or percussion course

Salsa beginner Salsa advanced Tango Reggaeton
 Merengue Bachata Percussion

from: _____ . _____ . _____ to: _____ . _____ . _____

Arrival

I need a flight from: _____
 I already have a flight an will arrive

Special wishes/comments

Date, Signature (I have read and herewith accept the terms and conditions)



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